

# **Clinical Policy: Midostaurin (Rydapt)**

Reference Number: CP.PHAR.344 Effective Date: 06.01.17 Last Review Date: 05.25 Line of Business: Commercial, HIM, Medicaid

**Revision Log** 

# See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

#### Description

Midostaurin (Rydapt<sup>®</sup>) is a kinase inhibitor.

#### FDA Approved Indication(s)

Rydapt is indicated for the treatment of adult patients with:

- Newly diagnosed acute myeloid leukemia (AML) that is FLT3 mutation-positive as detected by an FDA-approved test, in combination with standard cytarabine and daunorubicin induction and cytarabine consolidation Limitation(s) of use: Rydapt is not indicated as a single-agent induction therapy for the treatment of patients with AML.
- Aggressive systemic mastocytosis (ASM), systemic mastocytosis with associated hematological neoplasm (SM-AHN), or mast cell leukemia (MCL)

#### **Policy/Criteria**

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that Rydapt is **medically necessary** when the following criteria are met:

#### I. Initial Approval Criteria

A. Acute Myeloid Leukemia (must meet all):

- 1. Diagnosis of AML;
- 2. Prescribed by or in consultation with an oncologist or hematologist;
- 3. Age  $\geq$  18 years;
- 4. Positive for the FLT3 mutation;
- 5. If induction therapy, prescribed in combination with cytarabine and either daunorubicin or idarubicin;
- 6. If consolidation therapy, prescribed in combination with cytarabine;
- 7. If maintenance therapy (off-label), both of the following (a and b):
  - a. Prescribed as a single agent;
  - b. One of the following (i or ii):
    - i. Member is post-allogeneic hematopoietic cell transplantation and in remission;
    - ii. Member previously received a FLT3 inhibitor and does not have an allogeneic hematopoietic cell transplantation planned;

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- 8. For brand Rydapt requests, member must use generic midostaurin, if available, unless contraindicated or clinically significant adverse effects are experienced;
- 9. Request meets one of the following (a or b):\*
  - a. Dose does not exceed 100 mg (4 capsules) per day;
  - b. Dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).
  - \*Prescribed regimen must be FDA-approved or recommended by NCCN

#### **Approval duration:**

#### Medicaid/HIM – 6 months

**Commercial** – 12 months or duration of request, whichever is less

- B. Systemic Mastocytosis (must meet all):
  - 1. Diagnosis of one of the following (a, b, c, d, or e):
    - a. ASM;
    - b. SM-AHN;
    - c. MCL;
    - d. Indolent systemic mastocytosis (ISM) (off-label);
    - e. Smoldering systemic mastocytosis (SSM) (off-label);
  - 2. Prescribed by or in consultation with an oncologist, allergist, or immunologist;
  - 3. Age  $\geq$  18 years;
  - 4. Prescribed as a single agent;
  - 5. For ISM or SSM, both of the following (a and b):
    - a. Disease is symptomatic;
    - b. Failure of one of the following (i or ii):
      - i. A clinical trial, unless not available;
      - ii. For ISM only: Ayvakit<sup>®</sup>, unless contraindicated, clinically significant adverse effects are experienced, or platelets  $< 50 \times 10^9$ /L;
  - 6. For brand Rydapt requests, member must use generic midostaurin, if available, unless contraindicated or clinically significant adverse effects are experienced;
  - 7. Request meets one of the following (a or b):\*
    - a. Dose does not exceed 200 mg (8 capsules) per day;
    - b. Dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).
      \*Prescribed regimen must be EDA approved or recommended by NCCN

\*Prescribed regimen must be FDA-approved or recommended by NCCN

#### Approval duration:

#### **Medicaid/HIM** – 6 months

Commercial - 12 months or duration of request, whichever is less

#### C. Myeloid/Lymphoid Neoplasm (off-label) (must meet all):

- 1. Diagnosis of lymphoid, myeloid, or mixed phenotype neoplasm with eosinophilia and FGFR1 or FLT3 rearrangements in blast or chronic phase;
- 2. Prescribed by or in consultation with an oncologist or hematologist;
- 3. Age  $\geq$  18 years;
- 4. For brand Rydapt requests, member must use generic midostaurin, if available, unless contraindicated or clinically significant adverse effects are experienced;
- 5. Dose is within FDA maximum limit for any FDA-approved indication or is supported by practice guidelines or peer-reviewed literature for the relevant off-label use



(prescriber must submit supporting evidence).\* \*Prescribed regimen must be FDA-approved or recommended by NCCN Approval duration: Medicaid/HIM – 6 months Commercial – 12 months or duration of request, whichever is less

# **D.** Other diagnoses/indications (must meet 1 or 2):

- 1. This this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
  - For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or
  - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or
- 2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

#### **II.** Continued Therapy

#### A. All Indications in Section I (must meet all):

- 1. Currently receiving medication via Centene benefit, or documentation supports that member is currently receiving Rydapt for a covered indication and has received this medication for at least 30 days;
- 2. Member is responding positively to therapy;
- 3. For brand Rydapt requests, member must use generic midostaurin, if available, unless contraindicated or clinically significant adverse effects are experienced;
- 4. If request is for a dose increase, request meets one of the following (a, b, or c):\*
  - a. AML: New dose does not exceed 100 mg (4 capsules) per day;
  - b. ASM, SM-AHN, or MCL: New dose does not exceed 200 mg (8 capsules) per day;
  - c. New dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).
    \*Prescribed regimen must be FDA-approved or recommended by NCCN

#### **Approval duration:**

#### Medicaid/HIM – 12 months

Commercial – 12 months or duration of request, whichever is less

#### **B.** Other diagnoses/indications (must meet 1 or 2):

1. This this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):

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- For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or
- b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or
- 2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

#### III. Diagnoses/Indications for which coverage is NOT authorized:

A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid or evidence of coverage documents.

#### **IV. Appendices/General Information**

Appendix A: Abbreviation/Acronym Key AML: acute myeloid leukemia ASM: aggressive systemic mastocytosis FDA: Food and Drug Administration ISM: indolent systemic mastocytosis

MCL: mast cell leukemia SM-AHN: systemic mastocytosis with associated hematological neoplasm SSM: smoldering systemic mastocytosis

#### Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
AML induction therapy:	Cytarabine 100-200 mg/m <sup>2</sup> continuous IV	Varies
cytarabine +	infusion for 7 days with daunorubicin 60-90	
daunorubicin	$mg/m^2$ for 3 days	
AML post-remission	$3 \text{ g/m}^2$ IV over 3 hours every 12 hours on	Varies
therapy (consolidation): cytarabine	days 1, 3, and 5 for 3 to 4 cycles	
Ayvakit (avapritinib)	ISM: 25 mg PO QD	25 mg/day

*Therapeutic alternatives are listed as Brand name*<sup>®</sup> (generic) when the drug is available by brand name only and generic (Brand name<sup>®</sup>) when the drug is available by both brand and generic.

#### Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): hypersensitivity to midostaurin or any of the excipients
- Boxed warning(s): none reported



#### V. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose	
AML	50 mg PO BID with food	100 mg/day	
ASM, SM-AHN, MCL	100 mg PO BID with food	200 mg/day	

#### **VI. Product Availability**

Capsule: 25 mg

#### VII. References

- 1. Rydapt Prescribing Information. East Hanover, NJ: Novartis Pharmaceuticals Corporation; May 2023. Available at: https://www.novartis.us/sites/www.novartis.us/files/rydapt.pdf. Accessed January 24, 2025.
- 2. Midostaurin. In: National Comprehensive Cancer Network Drugs and Biologics Compendium. Available at: https://nccn.org/. Accessed February 5, 2025.
- 3. National Comprehensive Cancer Network. Acute Myeloid Leukemia Version 2.2025. Available at: https://www.nccn.org/professionals/physician\_gls/pdf/aml.pdf. Accessed February 5, 2025.
- 4. National Comprehensive Cancer Network. Systemic Mastocytosis Version 1.2025. Available at: https://www.nccn.org/professionals/physician\_gls/pdf/mastocytosis.pdf. Accessed March 12, 2025.
- 5. National Comprehensive Cancer Network. Myeloid/Lymphoid Neoplasms with Eosinophilia and Tyrosine Kinase Fusion Genes Version 2.2024. Available at: https://www.nccn.org/professionals/physician\_gls/pdf/mlne.pdf. Accessed February 5, 2025.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
2Q 2021 annual review: added generic redirection language to "must use" since oral oncology product; added off-label indication for myeloid/lymphoid neoplasm with eosinophilia and FGFR1 or FLT3 rearrangements in blast phase; updated reference for HIM off-label use to HIM.PA.154 (replaces HIM.PHAR.21); added standard oncology generic redirection language; references reviewed and updated.	02.21.21	05.21
2Q 2022 annual review: modified commercial approval duration from length of benefit to "12 months or duration of request, whichever is less"; WCG.CP.PHAR.344 to be retired and approval durations consolidated to 6 months initial and 12 months for continuation of therapy; per NCCN in AML added option for post- induction therapy prescribed in combination with cytarabine, for myeloid/lymphoid neoplasm added option for use in the chronic phase; references reviewed and updated.	02.14.22	05.22
Template changes applied to other diagnoses/indications.	09.21.22	
2Q 2023 annual review: no significant changes; references reviewed and updated.	01.06.23	05.23



Reviews, Revisions, and Approvals	Date	P&T Approval Date
2Q 2024 annual review: per NCCN – for AML, added that Rydapt may also be prescribed with idarubicin for induction therapy and added off-label use for maintenance therapy; for systemic mastocytosis, added that Rydapt must be prescribed as a single agent; references reviewed and updated.	02.06.24	05.24
2Q 2025 annual review: for AML, added use as maintenance therapy for those who have previously received a FLT3 inhibitor and do not have an allogeneic hematopoietic cell transplantation planned per NCCN; for systemic mastocytosis, revised to include off-label use in ISM and SSM per NCCN; references reviewed and updated.	03.12.25	05.25

### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions, and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment, or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise

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professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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#### Note:

**For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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