

Clinical Policy: Tofacitinib (Xeljanz, Xeljanz XR)

Reference Number: CP.PHAR.267

Effective Date: 01.30.18 Last Review Date: 11.25 Line of Business: Medicaid

Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Description

Tofacitinib (Xeljanz[®], Xeljanz[®] XR) is a Janus kinase (JAK) inhibitor.

FDA Approved Indication(s)

Xeljanz and Xeljanz XR are indicated for the treatment of adult patients with:

- Moderately to severely active rheumatoid arthritis (RA), who have had an inadequate response or intolerance to one or more tumor necrosis factor (TNF) blockers.
- Active psoriatic arthritis (PsA), who have had an inadequate response or intolerance to one or more TNF blockers.
- Moderately to severely active ulcerative colitis (UC), who have had an inadequate response or intolerance to one or more TNF blockers.
- Active ankylosing spondylitis, who have had an inadequate response or intolerance to one or more TNF blockers.

Xeljanz is additionally indicated for the treatment of pediatric patients 2 years of age and older with:

- Active polyarticular course juvenile idiopathic arthritis (pcJIA), who have had an inadequate response or intolerance to one or more TNF blockers.
- Active PsA, who have had an inadequate response or intolerance to one or more TNF blockers.

Limitation(s) of use: Use of Xeljanz/Xeljanz XR in combination with biologic DMARDs or potent immunosuppressants such as azathioprine and cyclosporine is not recommended.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results, or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that Xeljanz and Xeljanz XR are **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

- A. Polyarticular Course Juvenile Idiopathic Arthritis (must meet all):
 - 1. Diagnosis of pcJIA as evidenced by \geq 5 joints with active arthritis;
 - 2. Request is for Xeljanz immediate-release tablets or oral solution;
 - 3. Prescribed by or in consultation with a rheumatologist;
 - 4. Age \geq 2 years;



- 5. Member meets one of the following, unless previously failed a biologic agent for pJIA (a, b, c, or d):
 - a. Failure of $a \ge 3$ consecutive month trial of methotrexate (MTX) at up to maximally indicated doses;
 - b. Member has intolerance or contraindication to MTX (see Appendix D), and failure of $a \ge 3$ consecutive month trial of leflunomide or sulfasalazine at up to maximally indicated doses, unless clinically significant adverse effects are experienced or both are contraindicated;
 - c. For sacroilitis/axial spine involvement (i.e., spine, hip), failure of a ≥ 4 week trial of an NSAID at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects are experienced;
 - d. Documentation of high disease activity;
- 6. Member has not responded or is intolerant to one or more TNF blockers (e.g., Hadlima[™], Simlandi[®], Yusimry[™], adalimumab-aaty, adalimumab-adaz, adalimumab-adbm, and adalimumab-fkjp are preferred), unless contraindicated; *Prior authorization may be required for TNF blockers
- 7. Member does not have combination use with biological disease-modifying antirheumatic drugs or Janus kinase inhibitors (see Section III: Diagnoses/Indications for which coverage is NOT authorized);
- 8. Dose does not exceed both of the following (a and b):
 - a. 10 mg per day;
 - b. 2 tablets or 10 mL per day.

Approval duration: 12 months

B. Psoriatic Arthritis (must meet all):

- 1. Diagnosis of PsA;
- 2. Prescribed by or in consultation with a dermatologist or rheumatologist;
- 3. Member meets one of the following (a or b):
 - a. For Xeljanz: Age ≥ 2 years;
 - b. For Xeljanz XR: Age \geq 18 years;
- 4. Member has not responded or is intolerant to one or more TNF blockers (e.g., *Hadlima, Simlandi, Yusimry, adalimumab-aaty, adalimumab-adaz, adalimumab-adbm, and adalimumab-fkjp are preferred*), unless contraindicated; **Prior authorization may be required for TNF blockers*
- 5. Member does not have combination use with biological disease-modifying antirheumatic drugs or Janus kinase inhibitors (see Section III: Diagnoses/Indications for which coverage is NOT authorized);
- 6. Dose does not exceed one of the following (a or b):
 - a. Xeljanz (both i and ii):
 - i. 10 mg per day;
 - ii. 2 tablets or 10 mL per day;
 - b. Xeljanz XR (both i and ii):
 - i. 11 mg per day;
 - ii. 1 tablet per day.

Approval duration: 12 months



C. Rheumatoid Arthritis (must meet all):

- 1. Diagnosis of RA per American College of Rheumatology (ACR) criteria (*see Appendix F*);
- 2. Prescribed by or in consultation with a rheumatologist;
- 3. Age \geq 18 years;
- 4. Member meets one of the following, unless previously failed a biologic agent for RA (a or b):
 - a. Failure of $a \ge 3$ consecutive month trial of MTX at up to maximally indicated doses:
 - b. Member has intolerance or contraindication to MTX (see Appendix D), and failure of a ≥ 3 consecutive month trial of at least ONE conventional DMARD,(e.g., sulfasalazine, leflunomide, hydroxychloroquine) at up to maximally indicated doses, unless clinically significant adverse effects are experienced or all are contraindicated;
- 5. Member has not responded or is intolerant to one or more TNF blockers (e.g., *Hadlima, Simlandi, Yusimry, adalimumab-aaty, adalimumab-adaz, adalimumab-adbm, and adalimumab-fkjp are preferred*), unless contraindicated; **Prior authorization may be required for TNF blockers*
- 6. Documentation of one of the following baseline assessment scores (a or b):
 - a. Clinical disease activity index (CDAI) score (see Appendix G);
 - b. Routine assessment of patient index data 3 (RAPID3) score (see Appendix H);
- 7. Member does not have combination use with biological disease-modifying antirheumatic drugs or Janus kinase inhibitors (see Section III: Diagnoses/Indications for which coverage is NOT authorized);
- 8. Dose does not exceed one of the following (a or b):
 - a. Xeljanz (both i and ii):
 - i. 10 mg per day;
 - ii. 2 tablets per day;
 - b. Xeljanz XR (both i and ii):
 - i. 11 mg per day;
 - ii. 1 tablet per day.

Approval duration: 12 months

D. Ulcerative Colitis (must meet all):

- 1. Diagnosis of UC;
- 2. Prescribed by or in consultation with a gastroenterologist;
- 3. Age \geq 18 years;
- 4. Documentation of a Mayo Score ≥ 6 , modified Mayo Score ≥ 5 , or Mayo Endoscopic Score ≥ 2 (see Appendix E);
- 5. Failure of an 8-week trial of systemic corticosteroids, unless contraindicated, clinically significant adverse effects are experienced, or previously failed a biologic agent for UC;
- 6. Member has not responded or is intolerant to one or more TNF blockers, unless contraindicated:

^{*}Prior authorization may be required for TNF blockers



- 7. Member does not have combination use with biological disease-modifying antirheumatic drugs or Janus kinase inhibitors (see Section III: Diagnoses/Indications for which coverage is NOT authorized);
- 8. Dose does not exceed one of the following (a or b):
 - a. Xeljanz (both i and ii):
 - i. 20 mg per day;
 - ii. 2 tablets per day;
 - b. Xeljanz XR (both i and ii):
 - i. 22 mg per day;
 - ii. 1 tablet per day.

Approval duration: 12 months

E. Ankylosing Spondylitis (must meet all):

- 1. Diagnosis of AS;
- 2. Prescribed by or in consultation with a rheumatologist;
- 3. Age \geq 18 years;
- 4. Failure of at least TWO non-steroidal anti-inflammatory drugs (NSAIDs) at up to maximally indicated doses, each used for ≥ 4 weeks unless contraindicated, clinically significant adverse events are experienced, or previously failed a biologic agent for AS;
- 5. Member has not responded or is intolerant to one or more TNF blockers (e.g., *Hadlima, Simlandi, Yusimry, adalimumab-aaty, adalimumab-adaz, adalimumab-adbm, and adalimumab-fkjp are preferred*), unless contraindicated; **Prior authorization may be required for TNF blockers*
- 6. Member does not have combination use with biological disease-modifying antirheumatic drugs or Janus kinase inhibitors (see Section III: Diagnoses/Indications for which coverage is NOT authorized);
- 7. Dose does not exceed one of the following (a or b):
 - a. Xeljanz (both i and ii):
 - i. 10 mg per day;
 - ii. 2 tablets per day;
 - b. Xeljanz XR (both i and ii):
 - i. 11 mg per day;
 - ii. 1 tablet per day.

Approval duration: 12 months

F. Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business:
 CP.PMN.255 for Medicaid; or
 - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.PMN.16 for Medicaid; or



2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.PMN.53 for Medicaid.

II. Continued Therapy

- A. All Indications in Section I (must meet all):
 - 1. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
 - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B):
 - 2. Member meets one of the following (a or b):
 - a. For RA: Member is responding positively to therapy as evidenced by one of the following (i or ii):
 - i. A decrease in CDAI (see Appendix G) or RAPID3 (see Appendix H) score from baseline;
 - ii. Medical justification stating inability to conduct CDAI re-assessment, and submission of RAPID3 score associated with disease severity that is similar to initial CDAI assessment or improved;
 - b. For all other indications: Member is responding positively to therapy;
 - 3. Member does not have combination use with biological disease-modifying antirheumatic drugs or Janus kinase inhibitors (see Section III: Diagnoses/Indications for which coverage is NOT authorized);
 - 4. If request is for a dose increase, new dose does not exceed one of the following (a or b):
 - a. Xeljanz (i, ii, or iii):
 - i. AS or RA(both 1 and 2):
 - 1) 10 mg per day;
 - 2) 2 tablets per day;
 - ii. UC (both 1 and 2):
 - 1) 20 mg per day;
 - 2) 2 tablets per day;
 - iii. pcJIA or PsA (both 1 and 2):
 - 1) 10 mg per day;
 - 2) 2 tablets or 10 mL per day;
 - b. Xeljanz XR (i or ii):
 - i. AS, RA, or PsA (both 1 and 2):
 - 1) 11 mg per day;
 - 2) 1 tablet per day;
 - ii. UC (both 1 and 2):
 - 1) 22 mg per day;
 - 2) 1 tablet per day.

Approval duration: 12 months



B. Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.PMN.255 for Medicaid; or
 - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.PMN.16 for Medicaid; or
- 2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

- **A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies CP.PMN.53 for Medicaid or evidence of coverage documents;
- B. Combination use with biological disease-modifying antirheumatic drugs (bDMARDs) or potent immunosuppressants, including but not limited to any tumor necrosis factor (TNF) antagonists [e.g., Cimzia[®], Enbrel[®], Humira[®] and its biosimilars, Remicade[®] and its biosimilars, Simponi[®]], interleukin agents [e.g., Actemra[®] (IL-6RA) and its biosimilars, Arcalyst[®] (IL-1 blocker), Bimzelx[®] (IL-17A and F antagonist), Cosentyx[®] (IL-17A inhibitor), Ilaris[®] (IL-1 blocker), Ilumya[™] (IL-23 inhibitor), Kevzara[®] (IL-6RA), Kineret[®] (IL-1RA), Omvoh[™] (IL-23 antagonist), Siliq[™] (IL-17RA), Skyrizi[™] (IL-23 inhibitor), Spevigo[®] (IL-36 antagonist), Stelara[®] (IL-12/23 inhibitor) and its biosimilars, Taltz[®] (IL-17A inhibitor), Tremfya[®] (IL-23 inhibitor)], Janus kinase inhibitors (JAKi) [e.g., Cibinqo[™], Olumiant[™], Rinvoq[™], Xeljanz[®]/Xeljanz[®] XR,], anti-CD20 monoclonal antibodies [Rituxan[®] and its biosimilars], selective co-stimulation modulators [Orencia[®]], integrin receptor antagonists [Entyvio[®]], tyrosine kinase 2 inhibitors [Sotyktu[™]], and sphingosine 1-phosphate receptor modulator [Velsipity[™]] because of the additive immunosuppression, increased risk of neutropenia, as well as increased risk of serious infections:
- C. Alopecia areata (ICD10: L63), also referred to as patchy hairloss.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

AS: Ankylosing Spondylitis

CDAI: clinical disease activity index

cJADAS: clinica juvenile arthritis

disease activity score

DMARDs: disease-modifying

antirheumatic drugs

FDA: Food and Drug Administration

JAK: Janus kinase

MTX: methotrexate

pcJIA: polyarticular course juvenile

idiopathic arthritis;

RA: rheumatoid arthritis

RAPID3: routine assessme of patient index

data 3

PsA: psoriatic arthritis UC: ulcerative colitis



Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business

and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/
		Maximum Dose
azathioprine	RA	2.5 mg/kg/day
(Azasan [®] , Imuran [®])	1 mg/kg/day PO QD or divided BID	
Cuprimine [®]	RA*	1,500 mg/day
(d-penicillamine)	Initial dose:	
	125 or 250 mg PO QD	
	Maintenance dose:	
	500 – 750 mg/day PO QD	
corticosteroids	UC*	Various
	Adult:	
	Prednisone 40 mg – 60 mg PO QD, then	
	taper dose by 5 to 10 mg/week	
	Budesonide (Uceris®) 9 mg PO QAM for up	
	to 8 weeks	
cyclosporine	RA	4 mg/kg/day
(Sandimmune [®] ,	2.5 – 4 mg/kg/day PO divided BID	
Neoral®)		
hydroxychloroquine	RA*	600 mg/day
(Plaquenil®)	Initial dose:	
	400 – 600 mg/day PO QD	
	Maintenance dose:	
	200 – 400 mg/day PO QD	
leflunomide	RA	20 mg/day
(Arava [®])	Initial dose (for low risk hepatotoxicity or	
	myelosuppression):	
	100 mg PO QD for 3 days	
	Maintenance dose:	
1	20 mg PO QD	
	PJIA*	
	Weight < 20 kg: 10 mg every other day	
	Weight 20 - 40 kg: 10 mg/day	
	Weight > 40 kg: 20 mg/day	
methotrexate	RA	30 mg/week
(Trexall®,	7.5 mg/week PO, SC, or IM or 2.5 mg PO	
Otrexup TM ,	Q12 hr for 3 doses/week	
Rasuvo [®] ,		
RediTrex [®] ,	PJIA*	
	$10-20 \text{ mg/m}^2/\text{week PO, SC, or IM}$	



Drug Name	Dosing Regimen	Dose Limit/
		Maximum Dose
Xatmep TM ,		
Rheumatrex®)		
NSAIDs (e.g.,	AS	Varies
indomethacin,	Varies	
ibuprofen, naproxen,		
celecoxib)	D.	0 /1 (2
Ridaura®	RA	9 mg/day (3 mg
(auranofin)	6 mg PO QD or 3 mg PO BID	TID)
sulfasalazine	RA	RA: 3 g/day
(Azulfidine®)	Initial dose:	DIIA. 2 a/day
	500 mg to 1,000 mg PO QD for the first week. Increase the daily dose by 500 mg	PJIA: 2 g/day
	each week up to a maintenance dose of 2	
	g/day.	
	Maintenance dose:	
	2 g/day PO in divided doses	
	2 g day 1 s in divided doses	
	PJIA*	
	30-50 mg/kg/day PO divided BID	
NSAIDs (e.g.,	AS, PJIA*	Varies
indomethacin,	Varies	
ibuprofen, naproxen,		
celecoxib)		
Hadlima	RA, AS, PsA	RA
(adalimumab-	40 mg SC every other week	40 mg every week
bwwd), Simlandi		
(adalimumab-ryvk),	pJIA	AS, PsA, pJIA
Yusimry	Cyltezo, Hadlima, Hyrimoz:	40 mg every other
(adalimumab-aqvh),	Weight 10 kg (22 lbs) to < 15 kg (33 lbs): 10	week
adalimumab-aaty	mg SC every other week	
(Yuflyma®),	Caltana Hallina Halla Varflama	
adalimumab-adaz	Cyltezo, Hadlima, Hulio, Yuflyma:	
(Hyrimoz [®]), adalimumab-fkjp	Weight 15 kg (33 lbs) to < 30 kg (66 lbs): 20 mg SC every other week	
(Hulio [®]),	ing SC every outer week	
adalimumab-adbm	Cyltezo, Hadlima, Hulio, Hyrimoz,	
(Cyltezo®)	Simlandi, Yuflyma, Yusimry:	
	Weight \geq 30 kg (66 lbs): 40 mg SC every	
	other week	

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.
*Off-label



Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): none reported
- Boxed warning(s):
 - Serious infections: There is an increased risk of serious bacterial, fungal, viral, and opportunistic infections leading to hospitalization or death, including tuberculosis (TB). Mortality: RA patients 50 years and older with at least one cardiovascular risk factor treated with Xeljanz 10 twice daily had a higher rate of all-cause mortality, including sudden CF death, compared to those treated with Xeljanz 5 mg given twice daily or TNF blockers in a large, ongoing, post marketing study. Malignancies: Lymphoma and other malignancies, as well as Epstein Barr Virus-associated post-transplant lymphoproliferative disorder has been observed. Lymphomas and lung cancer, which are a subset of all malignancies in RA Safety Study 1, were observed at a higher rate in patients treated with Xeljanz 5 mg twice a day and Xeljanz 10 mg twice a day compared to those treated with TNF blockers.
 - Cardiovascular events: RA patients who were 50 years of age and older with at least one cardiovascular risk factor treated with Xeljanz 5 mg twice daily or Xeljanz 10 mg twice daily had a higher rate of major adverse cardiovascular events (MACE) defined as cardiovascular death, non-fatal myocardial infarction (MI), and non-fatal stroke, compared to those treated with TNF blockers.
 - Thrombosis: Thrombosis, including pulmonary embolism, deep venous thrombosis, and arterial thrombosis have occurred in patients treated with Xeljanz and other Janus kinase inhibitors used to treat inflammatory conditions.
 - A large, ongoing postmarketing safety study observed an increase in incidence of thrombosis events in RA patients who were 50 years of age and older with at least one CV risk factor treated with Xeljanz 10 mg twice daily compared to Xeljanz 5 mg twice daily or TNF blockers.

Appendix D: General Information

- Definition of failure of MTX or DMARDs
 - Child-bearing age is not considered a contraindication for use of MTX. Each drug has
 risks in pregnancy. An educated patient and family planning would allow use of MTX
 in patients who have no intention of immediate pregnancy.
 - Social use of alcohol is not considered a contraindication for use of MTX. MTX may only be contraindicated if patients choose to drink over 14 units of alcohol per week. However, excessive alcohol drinking can lead to worsening of the condition, so patients who are serious about clinical response to therapy should refrain from excessive alcohol consumption.
- Examples of positive response to therapy may include, but are not limited to:
 - o Reduction in joint pain/swelling/tenderness
 - o Improvement in erythrocyte sedimentation rates/C-reactive protein (ESR/CRP) levels
 - o Improvements in activities of daily living
- TNF blockers:
 - Etanercept (Enbrel[®]), adalimumab (Humira[®]) and its biosimilars, infliximab (Remicade[®]) and its biosimilars (Avsola[™], Renflexis[™], Inflectra[®]), certolizumab pegol (Cimzia[®]), and golimumab (Simponi[®], Simponi Aria[®]).



Appendix E: Mayo Score, Modified Mayo Score, or Mayo Endoscopic Score

• Mayo Score: evaluates ulcerative colitis stage, based on four parameters: stool frequency, rectal bleeding, endoscopic evaluation, and Physician's global assessment. Each parameter of the score ranges from zero (normal or inactive disease) to 3 (severe activity) with an overall score of 12.

Score	Decoding
0 - 2	Remission
3 - 5	Mild activity
6 - 10	Moderate activity
>10	Severe activity

- Modified Mayo Score: developed from the full Mayo score and evaluates ulcerative
 colitis stage, based on three parameters: stool frequency, rectal bleeding, and endoscopic
 evaluation. The modified Mayo Score gives a maximum overall score of 9. The FDA
 currently accepts the modified Mayo Score for the assessment of disease activity in
 pivotal UC clinical trials.
- Mayo Endoscopic Score: tool used to assess severity based on endoscopic findings during a colonoscopy and ranges from 0 to 3. A score of 2 or higher means there is moderate-to-severe inflammation.

Score	Decoding	
0	Normal or inactive disease	
1	Mild disease (erythema, decreased vascular pattern,	
	mild friability)	
2	Moderate disease (marked erythema, absent vascular	
	pattern, moderate friability, erosions)	
3	Severe disease (spontaneous bleeding, ulcerations)	

Appendix F: The 2010 ACR Classification Criteria for RA

Add score of categories A through D; a score of ≥ 6 out of 10 is needed for classification of a patient as having definite RA.

A	Joint involvement	Score
	1 large joint	0
	2-10 large joints	1
	1-3 small joints (with or without involvement of large joints)	2
	4-10 small joints (with or without involvement of large joints)	3
	> 10 joints (at least one small joint)	5
В	Serology (at least one test result is needed for classification)	
	Negative rheumatoid factor (RF) and negative anti-citrullinated protein	0
	antibody (ACPA)	
	Low positive RF or low positive ACPA	2
	*Low: < 3 x upper limit of normal	
	High positive RF or high positive ACPA	3
	* High: $\geq 3 x$ upper limit of normal	



C	Acute phase reactants (at least one test result is needed for classification)		
	Normal C-reactive protein (CRP) and normal erythrocyte sedimentation rate		
	(ESR)		
	Abnormal CRP or abnormal ESR	1	
D	Duration of symptoms		
	< 6 weeks	0	
	≥ 6 weeks	1	

Appendix G: Clinical Disease Activity Index (CDAI) Score

The Clinical Disease Activity Index (CDAI) is a composite index for assessing disease activity in RA. CDAI is based on the simple summation of the count of swollen/tender joint count of 28 joints along with patient and physician global assessment on VAS (0–10 cm) Scale for estimating disease activity. The CDAI score ranges from 0 to 76.

CDAI Score	Disease state interpretation
≤ 2.8	Remission
$> 2.8 \text{ to} \le 10$	Low disease activity
$> 10 \text{ to } \le 22$	Moderate disease activity
> 22	High disease activity

Appendix H: Routine Assessment of Patient Index Data 3 (RAPID3) Score

The Routine Assessment of Patient Index Data 3 (RAPID3) is a pooled index of the three patient-reported ACR core data set measures: function, pain, and patient global estimate of status. Each of the individual measures is scored 0-10, and the maximum achievable score is 30.

RAPID3 Score	Disease state interpretation
≤3	Remission
3.1 to 6	Low disease activity
6.1 to 12	Moderate disease activity
> 12	High disease activity

Appendix I: Polyarticular Juvenile Idiopathic Arthritis Disease Activity
According to 2019 American College of Rheumatology/Arthritis Foundation Guideline for the Treatment of Juvenile Idiopathic Arthritis, disease activity (moderate/high and low) as defined by the clinical Juvenile Disease Activity score based on 10 joints (cJADAS-10) is provided as a general parameter and should be interpreted within the clinical context.

The cIADAS10 is a continuous disease activity score specific to IIA and consisting of the

The cJADAS10 is a continuous disease activity score specific to JIA and consisting of the following three parameters totaling a maximum of 30 points:

- Physician's global assessment of disease activity measured on a 0-10 visual analog scale (VAS), where 0 = no activity and 10 = maximum activity;
- Parent global assessment of well-being measured on a 0-10 VAS, where 0 = very well and 10 = very poor;
- Count of joints with active disease to a maximum count of 10 active joints*

*ACR definition of active joint: presence of swelling (not due to currently inactive synovitis or to bony enlargement) or, if swelling is not present, limitation of motion accompanied by pain, tenderness, or both

cJADAS-10	Disease state interpretation
≤1	Inactive disease



cJADAS-10	Disease state interpretation
1.1 to 2.5	Low disease activity
2.51 to 8.5	Moderate disease activity
> 8.5	High disease activity

V. Dosage and Administration

Drug Name	Indication	Dosing Regimen	Maximum Dose
Tofacitinib immediate- release (Xeljanz)	pcJIA, PsA	 10 kg ≤ body weight < 20 kg: 3.2 mg (3.2 mL oral solution) PO BID 20 kg ≤ body weight < 40 kg: 4 mg (4 mL oral solution) PO BID Body weight ≥ 40 kg: 5 mg (5 mL oral solution) PO BID 5 mg PO BID 	10 mg/day
	UC	Induction: 10 mg PO BID for 8 weeks, up to 16 weeks Maintenance: 5 mg PO BID	Induction: 20 mg/day Maintenance: 10 mg/day
Tofacitinib extended- release (Xeljanz	PsA RA AS	11 mg PO QD	11 mg/day
XR)	UC	Induction: 22 mg PO QD for 8 weeks, up to 16 weeks Maintenance: 11 mg PO QD	Induction: 22 mg/day Maintenance: 11 mg/day

VI. Product Availability

= = = = = = = = = = = = = = = = = = = =			
Drug Name	Availability		
Tofacitinib immediate- release (Xeljanz)	Tablets: 5 mg, 10 mg		
	Oral solution: 1 mg/mL		
Tofacitinib extended-release (Xeljanz XR)	Tablets: 11 mg, 22 mg		

VII. References

- 1. Xeljanz/Xeljanz XR Prescribing Information. New York, NY: Pfizer Labs; October 2025. Available at:
 - https://www.accessdata.fda.gov/drugsatfda_docs/label/2025/203214s039,213082s011lbl.pdf. Accessed October 24, 2025.
- 2. Ward MM, Deodhar A, Gensler L, et al. 2019 Update of the American College of Rheumatology/Spondylitis Association of America/Spondyloarthritis Research and Treatment Network recommendations for the treatment of ankylosing spondylitis and non-radiographic axial spondyloarthritis. Arthritis & Rheumatology. 2019; 71(10):1599-1613. DOI 10.1002/ART.41042.



- 3. Ramiro S, Nikiphorou E, Sepriano A, et al. ASAS-EULAR recommendations for the management of axial spondyloarthritis: 2022 update. Ann Rheum Dis. 2023 Jan;82(1):19-34. doi: 10.1136/ard-2022-223296.
- 4. Feuerstein JD, Isaacs KL, Schneider Y, et al. AGA Clinical practice guidelines on the management of moderate to severe ulcerative colitis. Gastroenterology 2020;158:1450–1461. https://doi.org/10.1053/j.gastro.2020.01.006.
- 5. Rubin DT, Ananthakrishnan AN, Siegel CA, Sauer BG, Long MD. ACG Clinical Guideline: Ulcerative Colitis in Adults. Am J Gastroenterol. 2019 March;114(3):384-413. doi: 10.14309/ajg.000000000000152.
- 6. Ringold S, Angeles-Han ST, Beukelman T, et al. 2019 American College of Rheumatology/Arthritis Foundation guideline for the treatment of juvenile idiopathic arthritis: therapeutic approaches for non-systemic polyarthritis, sacroiliitis, and enthesitis. Arthritis Care and Research. 2019:71(6):717-734. DOI 10.1002/acr.23870.
- 7. Gossec L, Baraliakos X, Kerschbaumer A, et al. EULAR recommendations for the management of psoriatic arthritis with pharmacological therapies: 2019 update. Ann Rheum Dis. 2020;79:700–712. Doi:10.1136/annrheumdis-2020-217159.
- 8. Singh JA, Guyatt G, Ogdie A, et al. 2018 American College of Rheumatology/National Psoriasis Foundation Guideline for the treatment of psoriatic arthritis. American College of Rheumatology. 2019; 71(1):5-32. Doi: 10.1002/art.40726.
- 9. Fraenkel L, Bathon JM, England BR, et al. 2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis. Arthritis Care & Research. 2021; 73(7):924-939. DOI 10.1002/acr.24596.
- 10. Smolen JS, Landewe RB, Dergstra SA, et al. 2022 update of the EULAR recommendations for the management of rheumatoid arthritis with synthetic and biological disease-modifying antirheumatic drugs. Arthritis Rheumatology. 2023 January; 32:3-18. DOI:10.1136/ard-2022-223356.
- 11. Ulcerative Colitis: Clinical Trial Endpoints Guidance for Industry. Silver Spring, MD. Food and Drug Administration.; July 2016. Available at: https://www.fda.gov/files/drugs/published/Ulcerative-Colitis--Clinical-Trial-Endpoints-Guidance-for-Industry.pdf. Accessed February 3, 2025.
- 12. Naegeli AN, Hunter T, Dong Y, et al. Full, Partial, and Modified Permutations of the Mayo Score: Characterizing Clinical and Patient-Reported Outcomes in Ulcerative Colitis Patients. Crohns Colitis 360. 2021 Feb 23;3(1):otab007. doi: 10.1093/crocol/otab007. PMID: 36777063; PMCID: PMC9802037.
- 13. Singh S, Loftus EV Jr, Limketkai BN, et al. AGA Living Clinical Practice Guideline on Pharmacological Management of Moderate-to-Severe Ulcerative Colitis. Gastroenterology. 2024 Dec;167(7):1307-1343. doi: 10.1053/j.gastro.2024.10.001. PMID: 39572132.
- 14. Buchner AM, Farraye FA, Iacucci M. AGA Clinical Practice Update on Endoscopic Scoring Systems in Inflammatory Bowel Disease: Commentary. Clin Gastroenterol Hepatol. 2024 Nov;22(11):2188-2196. doi: 10.1016/j.cgh.2024.06.048. Epub 2024 Sep 20. PMID: 39297813.



Reviews, Revisions, and Approvals	Date	P&T
		Approval Date
2Q 2021 annual review: added combination of bDMARDs under	02.23.21	05.21
Section III; added alopecia areata as not coverable for Xeljanz/Xeljanz		
XR requests (cosmetic); updated CDAI table with ">" to prevent		
overlap in classification of severity; references reviewed and updated.		
Per August SDC, added Legacy WellCare line of business to policy	08.30.21	11.21
(WCG.CP.PHAR.267 to be retired).		
2Q 2022 annual review: RT4: added newly FDA-approved indication	02.21.22	05.22
for AS; updated place in therapy after TNFi per FDA labeling;		
reiterated requirement against combination use with a bDMARD or		
JAKi from Section III to Sections I and II; references reviewed and		
updated.		
Template changes applied to other diagnoses/indications and	10.13.22	
continued therapy section.		
2Q 2023 annual review: no significant changes; updated off-label	02.13.23	05.23
dosing in Appendix B; references reviewed and updated.		
Per July SDC: updated criteria with examples of preferred TNF	07.25.23	
blockers: Humira biosimilars Yusimry, Hadlima, unbranded		
adalimumab-fkjp, and unbranded adalimumab-adaz; updated		
Appendix D with list of TNF blockers.		
Per December SDC, added adalimumab-adbm to listed examples of	12.06.23	02.24
preferred adalimumab products.		
2Q 2024 annual review: removed PsA supplemental guideline	01.22.24	05.24
information from Appendix D; added Bimzelx, Zymfentra, Omvoh,		
Wezlana, Sotyktu, Tofidence, and Velsipity to section III.B;		
references reviewed and updated.		
Per June SDC, added Simlandi to listed examples of preferred	07.23.24	08.24
adalimumab products.		
Per SDC, added unbranded adalimumab-aaty to listed examples of		
preferred adalimumab products.		
2Q 2025 annual review: for UC initial criteria, added option for	01.23.25	05.25
documentation of modified Mayo Score ≥ 5 ; removed examples of		
preferred adalimumab products as adalimumab is not recommended		
due to low efficacy per 2024 AGA guidelines; for Appendix E, added		
supplemental information on modified Mayo Score; for pJIA:		
removed criteria for minimum cJADAS-10 score ≥ 8.5 for		
documentation of high disease activity and "baseline 10-joint clinical		
juvenile arthritis disease activity score" in initial criteria to align with		
competitor analysis; removed criteria for "member is responding		
positively to therapy as evidence by decrease in cJADAS-10 from		
baseline" in continued therapy; for Appendix I, added pJIA disease		
activity information per 2019 ACR guidelines; updated section III.B		
with Spevigo and biosimilar verbiage; references reviewed and		
updated.		



Reviews, Revisions, and Approvals	Date	P&T
		Approval Date
For UC, added option for Mayo Endoscopic Score ≥ 2 to define moderate-to-severe UC; for pJIA, RA, UC, and AS, added bypass of conventional therapies if a member has failed a biologic agent to clarify intention of not stepping back from biologic agent to conventional therapy. Extended initial approval duration to 12 months for chronic condition indications. RT4: for Xeljanz, applied pediatric age extension for PsA per updated FDA labeling.	10.28.25	11.25

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions, and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment, or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to



recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members, and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

Note:

For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

©2018 Centene Corporation. All rights reserved. All materials are exclusively owned by Centene Corporation and are protected by United States copyright law and international copyright law. No part of this publication may be reproduced, copied, modified, distributed, displayed, stored in a retrieval system, transmitted in any form or by any means, or otherwise published without the prior written permission of Centene Corporation. You may not alter or remove any trademark, copyright or other notice contained herein. Centene® and Centene Corporation® are registered trademarks exclusively owned by Centene Corporation.