



Helping Oregon Communities **THRIVE.**

2023 COMMUNITY IMPACT REPORT

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WELCOME

Message from our CEO

At Trillium Community Health Plan, we're proud to live, work and serve in rural and urban communities throughout Oregon.

Every day we strive to meet the whole health needs of our members through ensuring access to culturally responsive care, addressing the social determinants of health, and building healthy communities for all Oregonians.

We do this work in partnership with hundreds of community-based organizations and their dedicated teams who ensure we're meeting members where they live, creating connections to trusted resources and support, and advancing health equity.

In 2023, Trillium invested \$27 million in our local communities through strategic initiatives that increased access to whole person healthcare. This report highlights some of our key partnerships in the areas of community outreach and engagement, social determinants of health, and access to culturally responsive care.

Thanks to all of our partners for their continued collaboration as we transform the health of the communities we serve, one person at a time.

Respectfully,

Sarah Kelley Brewer, *Trillium Community Health Plan President & CEO*

TRILLIUM'S 2023 IMPACT AT A GLANCE

Trillium's service area includes Lane, Western Douglas, Western Linn, Multnomah, Clackamas, and Washington counties.

\$27M

INVESTED

in our local communities



200+

NEW COMMUNITY

partnerships established



46

EVENT

SPONSORSHIPS



65

COMMUNITY

HEALTH

EVENTS



COMMUNITY OUTREACH & ENGAGEMENT

Every week Trillium staff is in your neighborhood, establishing partnerships with community-based organizations to advance health equity, facilitate training and educational opportunities, and participate in local events and health fairs.

- Trillium care management and community engagement staff participated in **65 community events and health fairs**, providing access to vaccines, dental screenings, eye exams, mammography screening events, and blood pressure checks for local community members
- Trillium established over **200 new community partnerships to advance health equity** and address the social determinants of health in the areas of food security, housing, wellness programs, wraparound services, behavioral health, and more
- Trillium sponsored **46 events** that helped support and raise awareness for organizations focusing on Alzheimer's Disease, food security, housing stability, immigrant and refugee services, kindergarten readiness, behavioral health, prenatal and postpartum resources, tobacco cessation, and services for African American, Asian American, Latino, and LGBTQIA+ communities
- Trillium provided **information and resources** translated into **18** preferred community languages

SUPPORTING WHOLE PERSON HEALTHCARE



Trillium supports the whole health of our members. In addition to coordinating medical, behavioral, and dental healthcare, we cultivate partnerships with providers and community-based organizations, as well as make strategic investments designed to improve health outcomes and address fundamental social factors impacting health, such as stable housing, food security, social supports, and educational opportunities.

COMMUNITY INVESTMENT

Thank you to our 2023 Partners

Trillium is proud to collaborate with you on your initiatives to improve community health throughout Oregon

Trillium
employees completed
120
volunteer hours
of service in 2023

Tri-County & Southwest

- Nurturely
- Orchid Health Clinic
- Oregon Family Support Network
- Providence Child Center (Swindells)
- Song for Charlie

Tri-County

- Adelante Mujeres
- Black Parent Initiative
- Cascade AIDS Project
- Catholic Community Charities of Oregon
- Center for African Immigrants and Refugees Organization (CAIRO)
- Central City Concern
- Centro Cultural de Washington County
- Clackamas County 23-Hour Stabilization Center
- Confederated Tribes of Grand Ronde
- Cornerstone Community Housing
- Cultivate Initiatives
- Everly Project and Portland People's Outreach
- Fora Health Treatment & Recovery
- Growing Gardens
- Helping Hands Reentry Outreach Centers
- Immigrant and Refugee Community Organization
- Meals on Us PDX
- Meals on Wheels People
- Oregon Spinal Cord Injury Connection
- Path Home
- PDX Saints Love
- Portland Open Bible Community Pantry
- Portland Rescue Mission
- Rockwood Community Development Corporation
- Samoa Pacific Development Corporation

- Somali American Council of Oregon
- Transition Projects
- Washington County Center for Addictions Triage and Treatment (CATT)

Southwest

- Carry It Forward
- Comagine Health
- Community Supported Shelters
- Connected Lane County
- FOOD for Lane County
- Friends of the Children
- HIV Alliance
- Homes for Good Housing Agency
- Lane Council of Governments Senior & Disability Services
- Lane County Frequent User Systems Engagement (FUSE)
- Lane County Human Services Division
- Lane Stabilization Center
- Looking Glass Community Services
- Ophelia's Place
- The Reedsport Collective
- Self Enhancement, Inc.
- South Lane Mental Health
- Sponsors, Inc.
- Square One Villages
- TransPonder
- Willamette Farm and Food Coalition

LOCAL APPROACH

Meals on Wheels People: Medically Tailored Meals Program

Trillium partners with organizations like Meals on Wheels People to connect community members to resources that improve their health in clinics and hospital settings and at home. We're proud to help fund the Medically Tailored Meals Program which ensures individuals who are at risk for food insecurity and their families receive tailored meals to meet specific healthcare needs delivered right to their doorstep.



3 year

GRANT

for the delivery of medically tailored meals to individuals discharging from Adventist Health Portland and VA Portland Health Care System and eligible household family members



2

MEDICALLY TAILORED MEALS A DAY

for up to 120 days post-discharge to more than **400 patients and 100 additional family members**



MEALS ARE DELIVERED WEEKLY

to the patient's home, helping to remove barriers to nutrition like limited mobility and transportation

“

We are immensely grateful for Trillium's generous support, which marks a significant milestone

in our journey to combat food insecurity and enhance health outcomes. This funding allows us to not only continue but also expand our Medically Tailored Meals program, reaching more individuals in need. For the first time, we can extend our care to the families of our participants, acknowledging that health and well-being are deeply interconnected within households. This is a bold step forward in our mission to deliver not just meals but hope and health to our community.”

Suzanne Washington, CEO
Meals on Wheels People





“

We appreciate Trillium’s investment in bringing our program to Oregon families as

we work with experts, educators and parents to teach young people about the emerging dangers of self-medication and casual drug use in the fentanyl era. Together we will make significant inroads into ending the youth overdose epidemic.”

Ed Ternan, President and Co-Founder
Song for Charlie

Song for Charlie: The New Drug Talk

Trillium works every day to increase access to behavioral health and substance use disorder treatment in our communities. Our partnership with Song for Charlie helps address Oregon’s epidemic of youth fentanyl overdose deaths through a series of prevention, outreach, and engagement efforts, including “The New Drug Talk,” an online platform designed to help parents and caregivers educate young people about the risks associated with fentanyl, counterfeit pills, and today’s drug environment, encouraging an open and continuous dialogue.



REACHING
500k
PARENTS AND
CAREGIVERS

through the online
resource hub



75%
OF TEENS

self-reported that
the use of illicit
drugs (including
fentanyl) was a
serious issue



Willamette Farm and Food Coalition

Trillium is committed to collaborating with local organizations to combat hunger and increase food security. We're honored to invest in Willamette Farm and Food Coalition's series of initiatives supporting local farmers and food banks while implementing multiple low-barrier food access programs at farmers markets throughout Lane County, as well as meal support and other educational programs. This partnership will make it easier for individuals and families facing food insecurity to access fresh, nutritious fruits, vegetables, and meat grown and raised locally in Lane County.



2 year

GRANT

to support **35,000-50,000 community members, 50 local farms and seven farmers markets** through a variety of food access programs



\$20

MATCH PROGRAM

to help fund Double Up Food Bucks, dedicated funding for farmers markets in Lane County to maintain a **\$20 match program for purchases made by EBT customers**



Help fund Bucka Bucka Bucks, a low barrier protein access program for people to receive **\$5 toward chicken and egg purchases.**



Support Little Lettuce Kids Market, a low barrier food access program for kids 12 years old and under to receive **\$5 toward the purchase of fresh fruit and veggies** at farmers markets in Lane County

“

We're thrilled to partner with Trillium on this critical local food equity and health initiative.

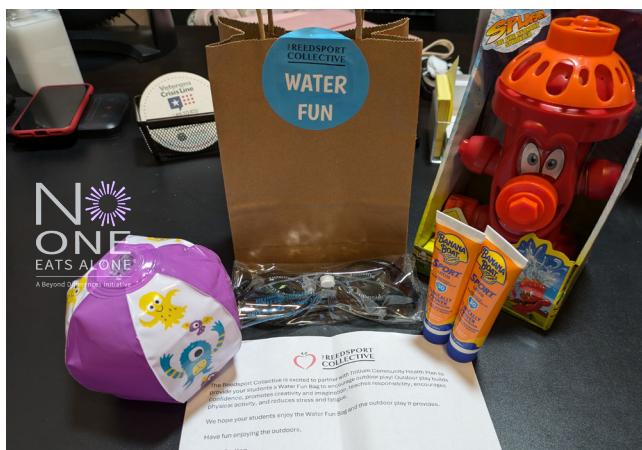
Collaborating with our trusted community partners to fight against food insecurity and support small farmers has been massively impactful. We're proud of the creative project we're implementing and the ways it fortifies our local food system from all angles and responds directly to the needs of our community. Between May and August, our Food Equity programs have generated \$56,895 in extra income for small farmers and directly assisted 8,293 people access free, nutritious, locally grown food at 7 farmers markets. Together, we're exploring sustainable solutions that improve health outcomes from the youngest in our community to the eldest, in both the long and short term.”

Saoirse Scott, Outreach and Event Coordinator
Willamette Farm and Food Coalition



The Reedsport Collective

Trillium is dedicated to supporting the whole health needs of Oregonians living in rural communities like coastal Douglas County. Through our partnership with The Reedsport Collective, we're increasing access to food and needed hygiene items, providing delivery services, developing community event programming, and promoting activities that help foster connection among families and neighbors.



“The Reedsport Collective is a stronger organization thanks to Trillium’s support. Thank you for your faith in our ability to serve our community and your ongoing commitment to coastal Douglas County.”

Susan Martin, Executive Director
The Reedsport Collective



134
STUDENTS

visited the Project Brave Grab and Go Pantry **854 times in the 42 days** it was open to take free fresh produce, snacks, and hygiene items for themselves and their families



20
ELEMENTARY SCHOOL STUDENTS

received an evening meal every day through the Elementary Evening Meal program, and breakfast, dinner, and a produce snack during school furlough weeks



THE ELECTRIC CARGO VAN

led to increased delivery capacity for online pantry orders, the Elementary Evening Meal program, and perishable food donations



SUMMER FUN BAGS

were created and distributed to provide interactive educational and social activities that increase health and well-being for children and families, including “water fun,” “nature fun,” “creative fun,” and “bedtime fun”

Centro Cultural de Washington County

Trillium understands that access to housing, nutritious food, and job skills training are essential to improving health outcomes for all Oregonians. We're excited to invest in Centro's culturally specific programs and services that connect Latino community members to resources that provide housing stability, food security, and educational and economic opportunities.



34,999

FREE FOOD BOXES

distributed, including
1,664 boxes to seniors and
1,840 boxes to migrant
agricultural camps



800

HOUSEHOLDS

receive health-related
services, including rental assistance,
utility payments, walkers, and more



135+

HOUSEHOLDS

receive emergency
rental assistance, including
eviction prevention



900

**CULTURALLY
SPECIFIC LUNCHES**

provided each month for seniors,
along with breakfast foods

“

We're committed to removing
barriers to health, well-being
and economic mobility for the members of
underserved communities in Washington
County. We appreciate this grant partnership
with Trillium that enables us to support
even more individuals and families with the
wraparound services they need to thrive. We're
not just helping someone to pay a bill to keep
the lights on. We're helping them to build a
pathway to achieving prosperity and health
and wellness.”

Maria Caballero Rubio, Executive Director
Centro Cultural



EQUITABLE CARE

Traditional Health Workers - Increasing Access to Personalized, Culturally Responsive Care

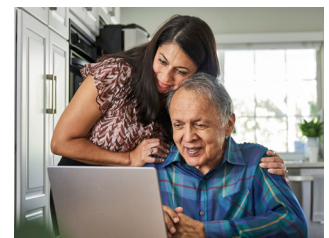
Trillium is committed to ensuring our members have access to Traditional Health Workers (THWs). THWs have similar lived experiences and a close understanding of the communities they serve. They meet our members where they are to help remove barriers to care, focus on prevention, address the social determinants of health, and connect them to culturally responsive and linguistically specific care. Through a series of strategic partnerships and investments, Trillium supports training and education programs to help grow the THW workforce and advance health equity for all Oregonians.

“

Trillium’s Traditional Health Worker Liaison has been a tremendous supporter of of Greater New Hope

Charities’ (GNHC) purposeful ambition to launch a comprehensive BIPOC Community Health Worker Training program for communities of color in East County. Working closely with GNHC in building out our specialized curriculum, providing expertise on various sessions as a facilitator, and building close solid relationships not only with GNHC but other partnering organizations supporting our work, the Liaison has been critical in our development of our highly successful BIPOC CHW training. We are so thankful here at GNHC for the dedication, commitment, and care the Liaison has brought into our close partnership to uplift our work as a new emerging black owned and operated nonprofit.”

Maria Christine Sanders, CSWA, MSW Co-Founder/Executive Director
Greater New Hope Charities



Community Health Worker (CHW) Training and Education

Investing in programs that help Black, Indigenous and People of Color (BIPOC) and the underserved become CHWs or gain access to CHW services



Supported **Greater New Hope Charities and Coalition of Community Health Clinics**

in becoming an Oregon Health Authority-approved BIPOC CHW training organization



Partnered with the Immigrant & Refugee Community Organization (IRCO) to support their recertification as an Oregon Health Authority-approved CHW training hub and sponsored the certification training for **15 new Community Health Workers**



Invested \$5,000 in sponsorship funding for the Oregon Community Health Worker Association's 9th annual conference



Sponsored Youth Pathways Project training for **30 students**, introducing BIPOC youth in Lane County to behavioral health careers



Sponsored Peer Support Specialist training for **2 students through the Restored Connections Peer Center**



Collaborated with Oregon Home Care Commission, THW liaisons, and other community partners to develop **the first Oregon Health Authority-approved Personal Health Navigator curriculum**

Doula Services, Training, and Education



Sponsored doula training offered by **Community Doula Alliance**



Sponsored **gender-affirming care and gender-affirming birth work training** to help providers and community partners understand how to support the perinatal experiences of trans and queer families



Developed **In Lieu of Services (ILOS) billing process for THW birth doulas** who serve as lactation consultants, removing barriers to care and increasing access to culturally responsive services for new parents



COMMITTED TO MEMBERS

Healthy Rewards

My Health Pays[®]

My Health Pays[®] rewards members when they complete healthy activities like a yearly wellness exam, annual screenings, tests, and other ways to protect their health. Members can use these rewards to help pay for utilities, transportation, phone service, childcare, education, and rent.

Chronic Disease Management Program

Trillium uses innovative, evidence-based programs to help members manage chronic disease, lose weight, or quit smoking. Trillium offers condition-specific programs to support members who have respiratory, cardiac, or diabetes issues. Trillium members have access to weight management programs through the Disease Management program, in addition to a smoking cessation program. Trillium had

116 active members engaged in Disease Management Health Coaching in 2023.

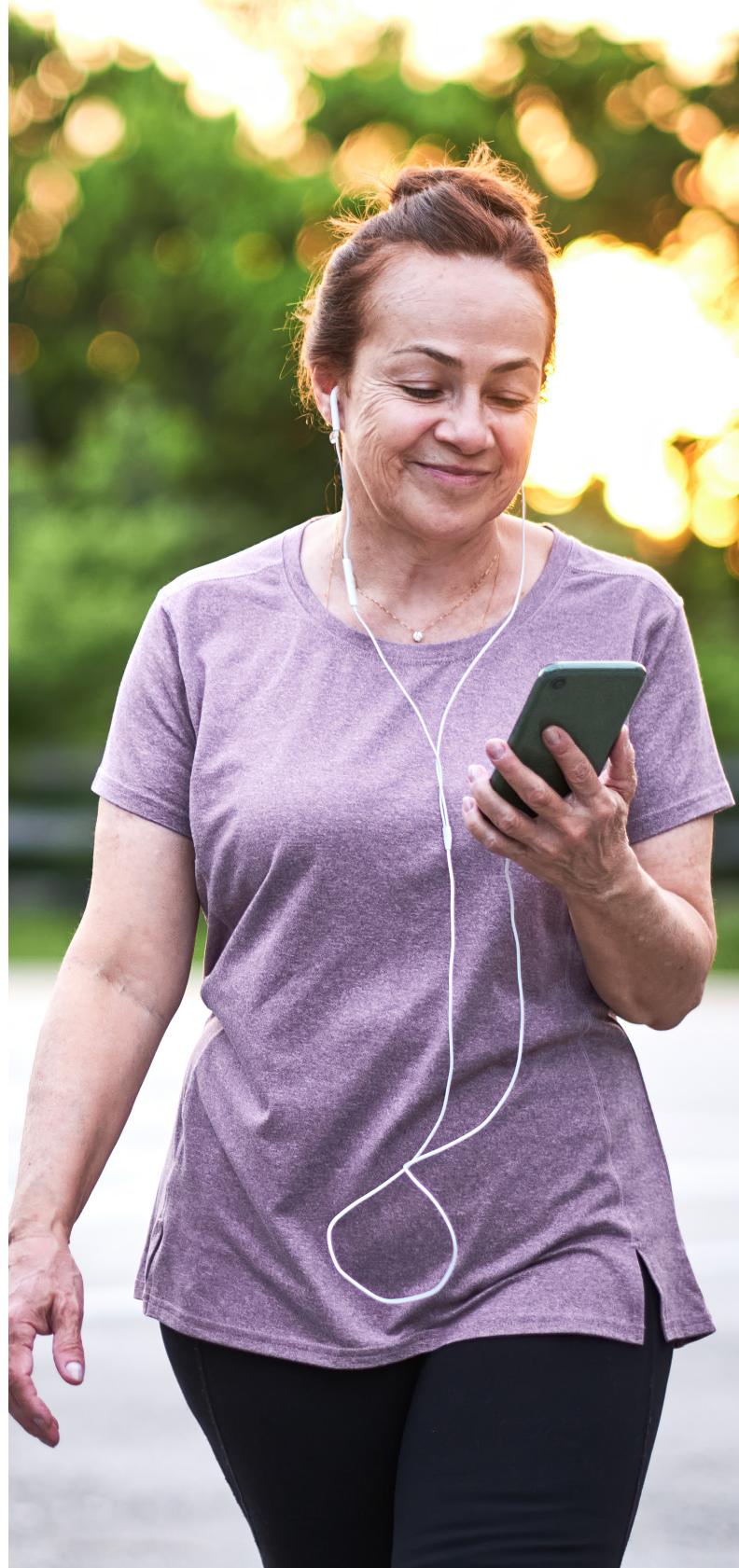
11,400+

members earned
rewards through My
Health Pays in 2023



116

members were engaged
in Disease Management
Health Coaching In 2023





**We believe
local partnerships
enable meaningful,
accessible
healthcare.**

ABOUT TRILLIUM COMMUNITY HEALTH PLAN



Who We Are

Trillium Community Health Plan is a Coordinated Care Organization (CCO) and recognized leader for innovative approaches and outstanding coordination of community-based healthcare. Helping create a healthier community is the core of Trillium's mission. We partner with an extensive group of physical, behavioral, and oral healthcare providers on behalf of Oregon Health Plan members in Lane, Western Douglas, Western Linn, Multnomah, Clackamas, and Washington counties.

Focus on individuals

Trillium is committed to its members and community. We partner with local organizations to increase access to primary and behavioral healthcare, expand prevention services, and address the whole health needs of our members including resources for housing, education, and healthy food.

Active local involvement

We are proud of the work we do at Trillium and value the trust of our community to coordinate the highest quality of care for our members.



Community Health Plan

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