CCOs Community Advisory Council Meeting

Remote Meeting via Zoom July 26, 2021 Noon-2pm

PRESENT

CAC Members: Tara DaVee (Trillium OHP representative), Drake Ewbank (PacificSource OHP representative), Val Haynes (Head Start), Chris Hanson, DMD (Trillium CAP), Silver Mogart (Trillium OHP representative), Michelle Thurston (Trillium OHP representative), Michelle Hankes (ShelterCare), Roxie Mayfield (PacificSource OHP representative), Char Reavis (PacificSource OHP representative), Tannya Devorak (PacificSource OHP representative), Dr. Robin Virgin (PacificSource CAP), Jessica Hibler (Confederated Tribes of Siletz Indians)

Attendees: Kayla Watford (Lane County CCOs, Prevention), Buffy Hurtado (PacificSource, Tribal Liaison), Teresa Coppola (Lane County CCOs, Prevention), Jeanne Savage (Trillium Community Health Plan CCO), Leslie Neugebauer (PacificSource Community Solutions CCO), Jacqueline Moreno (Lane County CCOs, Prevention), Lucy Zammarelli (LaneCare), Rebecca Donell (Oregon Health Authority), Cindy Fisher (Capitol Dental Care), Shelly Hawkins (Lane Community Health Council), Courtney Johnston (Trillium Community Health Plan CCO), Rhonda Busek (Lane Community Health Council), Debi Farr (Trillium Community Health Plan CCO), Kelli DeVore (PacificSource Community Solutions CCO), Mark Buchholz (PacificSource Community Solutions), Robert Phillips (Trillium, Tribal Liaison), Marissa Lovell (Lane County CCOs, Prevention), Leah Edelman (Former CAC Coordinator), Carrie Copeland (FOOD For Lane County), Miguel Herrado (PacificSource Community Solutions CCO), Aleysa Garcia Reavis (PacificSource Community Solutions CCO), Tina Potter (Trillium Community Health Plan CCO), Charlotte Carver (South Coast Regional Early Learning, Reedsport)

I. Welcome and Introductions

Char Reavis (CAC Co-Chair) opened the meeting. Everyone introduced themselves and responded to an ice breaker question in the chat box. Debi Farr provided a warm welcome to Chris Hanson, DMD, who is replacing Rick Kincade, MD on the CAC and as Chair of the Trillium Clinical Advisory Panel (CAP). Dr. Hanson is a compassionate dentist who strives to have a positive impact on everyone he meets. He loves being in the outdoors hiking and cycling, as well as supporting his children in sports. Welcome Dr. Hanson!

II. Process: Routine Minutes and other Approvals

- **Note: this will be a routine process moving forward.
- **a. Approval of Minutes:** Michelle Thurston made a motion that the CAC approve the June minutes. Robin Virgin seconded the motion. The June minutes were unanimously approved.

b. Approval of Charter: Michelle Thurston made a motion that the updated CAC Charter be approved. Michelle Hankes seconded the motion. The CAC Charter was unanimously approved.

III. CCO Health Equity Plans

- a. Trillium Community Health Plan (HEP): Tina Potter introduced the CCO Health Equity Plans by letting people know that it is an Oregon Health Authority (OHA) contractual requirement for all CCOs to have such plans. Each year, the CCOs have to submit a progress report from the previous year, as well submitting a plan moving forward. Tina asked the group to consider the following question: "Why do you feel this work is important to you?" Several people responded to this question with very thoughtful answers:
 - Importance of diverse populations being able to share their unique experiences, be heard, and feel represented
 - Being able to communicate about systemic barriers for access to mental health care with our partners and the community in general
 - Importance of our non-profit organization to participate in this work to enable the children and families that we serve to have an opportunity to express their challenges, experiences and barriers- as well as positive feedback on program and services that are working well
 - We must have action behind these words, so the CAC's role is to keep us accountable

Tina then provided a recap of the 2021 Plan with slides (please see Appendix A).

- b. PacificSource Community Solutions: Aleysa Garcia Reavis shared that PacificSource has 52 goals across 8 focus areas. She went into more detail with slides (please see Appendix B). Aleysa left the CAC with a question in preparation for a follow-up CLAS (Culturally and Linguistically Appropriate Services) presentation scheduled for September: "What are you interested in learning more about in September?" One person responded in the chat and others were encouraged to provide additional thoughts via email:
 - There was interest in learning about more resources around behavioral health and CLAS that can be utilized to improve services, resources and train staff.
 Several people expressed appreciation for all the health equity work that the CCOs are doing. Jeanne Savage encouraged the group to reach out to CCO Staff with any questions on this work.

CLAS Resources:

- Information on CLAS Standards: www.thinkculturalhealth.hhs.gov
- Information on CLAS for Behavioral Health Professionals: www.thinkculturalhealth.hhs.gov/education/behavioral-health

IV. Committee Reports

- a. Quarterly Summaries: Jacqueline Moreno introduced the first CAC quarterly summaries and reminded the group that this is a new process that will hopefully help everyone have a concise reminder of the work that the CAC and committees have done during a quarter. The CAC Qtr Summary for April-June 2021 includes the committee summaries. The Px Workgroup Qtr Summary for April-June 2021 includes a more in-depth overview of the programs that Prevention is implementing. Both summaries were sent out in the Agenda Packet CAC Meeting email from Kayla Watford on July 22, 2021. CAC members were asked to send any feedback on the summaries to Jacqueline and Kayla.
- **b. Prevention Workgroup (Px Workgroup):** Tara DaVee said in the July meeting, both Jacqueline Moreno and Jennifer Webster presented an evaluation of the chronic disease prevention and mental health promotion programs in a detailed power point. Even with COVID, many goals were met or exceeded. As an example, the Nutrition & Physical Activity Self-Assessment in Child Care (NAP SACC) program had a goal of reaching 50% of all providers by 2020, but was able to reach 64% of providers by 2020.
- c. Rural Advisory & Member Engagement Committees (RAC/MEC): Both of these committees were on summer break in July, but there is work being done to gather the history of the RAC as a council over the years (see CAC quarterly summaries for additional updates).
- **d. Health Equity Committee (HEC):** Silver Mogart let people know that a planning committee had met on July 14th to discuss goals and purpose. The group used questions from the LC Health Equity Toolkit to brainstorm what skills and expertise might be needed on the committee. A second planning meeting will take place in August, with an intention of launching the first official committee meeting in September.
- e. Trillium Clinical Advisory Panel (CAP): Dr. Hanson had to leave before giving his report, but later on sent a summary to Kayla Watford by email. Discussion centered on a new Vice Chair; methods of reducing opioid prescriptions; and, an increase in syphilis cases in Oregon. Upcoming topics include: REALD (Race, Ethnicity, Language, and Disability) implementation; early learning monitoring of children scholastically and psychologically; and, behavioral health access issues.
- f. PacificSource Clinical Advisory Panel (CAP): Robin Virgin, MD said the PacificSource CAP discussed three areas of focus: 1) regroup to fight the increase in opioid use and deaths; 2) highlight the need for health providers to educate diabetic patients on the importance of dental care; and, 3) more education around the smoking cessation rules for surgeries. Dr. Virgin also mentioned the ability of dentists to now do a finger pic to test for A1C levels (one way to test for diabetes).

V. Updates

a. **Oregon Health Authority:** Rebecca Donell provided an overview of some of the programs OHA is focusing on, as well as giving the group contact names and numbers of these programs. (Please see OHA CAC Update email sent on July 22nd for more details.)

- b. FOOD for Lane County: Carrie Copeland presented a power point on the Trillium Produce Plus program, in which excess fresh produce and other food items are distributed in the community at places such as DHS offices, medical clinics, schools, and other organizations. Some new distribution sites have been identified, including Transponder. They served 21 total sites pre-COVID. That dropped to 4 sites in 2020, although they were still able to serve a very large number of people through the Bethel Produce Plus site. Presently, they are back up to 7 sites. Jessica Hibler shared a few inspiring success stories with the program. Additional updates include funding a mobile pantry coordinator and truck, a meal kit program with pediatric providers, and a coaching program to lower the incidence of diabetes in kids (5210 program), and a new and exciting partnership between the Veggie Rx Program with Oregon Integrated Health. Part of the food security expansion is due to the grant provided by Trillium and the CAC Prevention Workgroup.
- c. Measure 110 Funding: Courtney Johnston gave an overview of Measure 110, which was passed in the November, 2020 election. The measure decriminalizes drug possession and funds treatment. OHA has an Oversight & Implementing Council that has awarded 10 million dollars so far for things like outreach, mentoring, harm reduction and more. A target date of January, 2022 is set for implementing Behavioral Health Networks in communities. These BH Networks will be open 24 hours a day, every day of the year, and will provide screening and referrals, not only for behavioral health, but also for things like housing, child care, and other vital needs. More information can be found at this link: https://www.oregonlegislature.gov/lpro/Publications/Background-Brief-Measure-110-(2020).pdf

VI. CAC Membership

- a. Selection Committee Update: A Selection Committee with equal representation from Lane County and the CCO governing boards will meet on August 26 to interview a slate of candidates for the open CAC positions: an education position; and, an oral health position. In addition, a Selection Committee with equal representation from Lane County and the Lane Community Health Council Board will interview candidates for one open PacificSource Community Solutions consumer position.
- **b.** Resignations: Dron Jones and Wendee Crofoot have resigned from the CAC.
- c. Next steps: Kayla is doing outreach to local community based organizations for member recommendations. CAC members were asked to send any recommendations for potential CAC members to Kayla.

VII. Live Healthy Lane Steering Committee Membership

a. Nominees: Kayla Watford reminded the group that Michelle Thurston was nominated as the Trillium representative in June. Currently, Tannya Devorak and Drake Ewbank are running as representatives for the PacificSource CCO. Both Tannya and Drake provided eloquent and meaningful answers to the two questions of why they would like to serve and what unique experiences can they bring to the group. Drake then withdrew and

- graciously gave his support to Tannya. CAC voting members were asked to provide an official vote for Tannya by email (deadline: July 30).
- b. Voting process: Kayla Watford reminded the group to email their vote for Tannya Devorak by the end of this week (July 30th).

VIII. CAC Summer Survey

Kayla Watford encouraged everyone to participate in our CAC Summer Survey. We have created this survey in an effort to get to know each of you a bit better, and to make sure we are meeting your needs. We thought this might also be a way to get feedback on meeting preferences as we move forward, such as meeting in person, continuing to 'Zoom', or a hybrid of both. More than anything, we want to convey that ALL Questions are OPTIONAL. Please answer the questions you feel comfortable answering. At the end of the survey, you'll have a chance to provide feedback on the survey and this process as a whole. THANK YOU. **Deadline for participating is August 30**th.

Lane County CCO CAC Member Survey

Meeting Schedule

- Next CAC Meeting is September 27, Noon to 2pm
 - August CAC Meeting is cancelled for Summer Break!!

ACTION ITEMS:

- CCOs will share slides and HEP plain language documents (Aleysa and Tina)
- CAC will send feedback on the CAC quarterly summaries to Jacqueline and Kayla
- CAC will send recommendations for potential CAC members to Kayla
- Voting CAC members will email their vote for Tannya Devorak as the PacificSource
 CCO representative for Live Healthy Lane's Steering Committee by July 30

Appendix A.