

Trillium Community Health Plan
North Community Advisory Council (CAC)
Meeting Minutes
January 20, 2026
10 – 11:30 AM



Attendance

CAC Members Present: Sharif, Aidee, Blanchette, Brooklyn, Christine, Darren, Jeff, Kamryn, Katie, Naomi, Maddox, McKenzie, Tom,

Trillium/OHA Staff: Brit, Debi, Kendra, Lamar, Mark, Salma, and Sheri

Welcome and Introductions

Sharif called the meeting to order at 10:03 AM. Attendees shared introductions and an ice breaker.

Announcements

A reminder to members to be sure to look at your mail. Keep information up to date. Remind friends & neighbors. SNAP recertification is happening. Sharif shared their experience they needed to see a worker and the process was a little more intensive. They may request an interview with a staff member. It is not a bad thing, so respond to letters and notices about benefits.

Public Comment

No guests or public comment.

Approvals

Sharif asked CAC members to review meeting minutes on screen and asked for any edits. Upon review there were no comments or edits. Sharif requested a motion to approve. Christine made the motion and Darren second the motion. Sharif requested a vote and the motion passed to approve December meeting notes.

Discussion about 2026 Member Engagement Meeting Topics. The goal was to identify topics for our six Member Engagement meetings in 2026. Topics not covered in 2025 included:

- Tri-Met Lift & transportation
- Financial Wellness
- From home & In-home benefits/resources
- Education & training
- Utilities Programs (Electric, Gas, Water, Internet, Prime) & Trillium benefits

Other topics of interest included:

- Dental and vision benefits and how to navigate support for things that are not covered.
- Affordable childcare
- Services retail pharmacies can offer Trillium community members, outside of just dispensing medications.
- Sleep studies, Physical therapy network adequacy.
- How does the referral process work?
- Drops for sharps containers. My containers are larger than the Multnomah County ones, so they do not fit in the local drop boxes. (CAC member shared these resources <https://www.washingtoncountyor.gov/disease-control/harm-reduction>; <https://www.oregon.gov/oha/ph/preventionwellness/substanceuse/pages/harm-reduction.aspx>; <https://multco.us/services/syringe-exchange>

For upcoming 2026 Member Engagement meeting, Sheri will work to secure a speaker, and the topic will be updated in the meeting invitation.

Review & Approve Funding – Medical Loss Ratio: Kendra shared slides about new community grant funding. Starting in 2024, OHA allowed the CCOs to designate all or a portion of the MMLR (minimum medical loss ratio) rebate as a community rebate. Medical loss ratio can be described as our medical costs (claims) as a percentage of the revenue we receive from OHA. The new community rebate option allows us to invest the funds back into the community through grants. The amount that will be distributed this year is based on our 2024 financial results and can fluctuate year by year.

Kendra shared projects with the CAC to discuss for approval. Questions included the following:

- *Clarifying point:* Washington County contracts with [Project Red](#) (Link is external to provide naloxone/Narcan (a drug administered to reverse drug overdose and prevent death) at no cost through the Washington county distribution program. <https://www.washingtoncountyor.gov/behavioral-health/center-addictions-triage-treatment>
- *When will the projects start?* First the project needs CAC approval to move to Trillium leadership and get projects to contract by June and get funding to them. Sheri will send notes with comments before the February meeting and a reminder that these projects are not to be shared outside of the CAC meeting.
- *Is MLR funding community benefit?* No. Kendra will have information from OHA to share.
- *What is the oversight for these funds?* These contracts are monitored and there is oversight into the spending to make sure dollars are used in accordance with the contract requirements.

After discussion, Sharif requested a motion to approve. Brooklyn approves, Kamryn second. All voted yes, note that Naomi is abstaining on Washington county & approves the rest.

Trillium Board Report

Jeff reviewed slides for the January meeting. Noted that Trillium is hiring and shared the link for Trillium jobs <https://www.trilliumohp.com/about-us/careers.html.html>

OHA Innovator Agent Update

Mark sent Sheri the slides and they will be reviewed in upcoming office hours.

Open Table

Senior center food is available.

Next meetings:

NEW meeting dates for 2026 Community Advisory Council Meeting.

- Jan 20; Feb 17; Mar 17; Apr 21; May 19; June 16; Jul 21; Aug 18; Sep 15; Oct 20; Nov 17; Dec 15

2026 Meeting dates for Trillium CAC Member Engagement Meetings

- Jan 22; Mar 26; May 28; Jul 23; Sep 24; Nov date TBD.

2026 Dates for OHA Office Hours for the CAC

- Feb 26; Apr 23; June 25; Aug 27; Oct 22; Dec - date TBD.