



We recommend you have at least **ONE CALL PER MONTH** with your Start Smart for Your Baby® Care Manager. This schedule can be adjusted to fit your needs.

Earn rewards for attending your appointments

Trillium’s Start Smart for Your Baby® program helps you get the care you need for a healthy pregnancy. And you can earn rewards while doing it! Go to all of your prenatal and postpartum appointments and engage with your Start Smart for Your Baby® Care Management team. You can earn up to \$150 worth of rewards on gift cards! Yes, it’s that easy!

What are the benefits of going to my prenatal and postpartum appointments? Your doctor will give you tests and exams to make sure you and your baby are healthy. You can also ask questions and talk about how you are feeling.

Complete	\$25 each	\$20 each
Notification of Pregnancy	X	
Initial Call with Care Manager	X	
1st Prenatal Appointment		X
3rd Prenatal Appointment		X
6th Prenatal Appointment		X
9th Prenatal Appointment		X
1 Postpartum Appointment		X
TOTAL	\$150	

Questions?

- If you have any questions, call us at 1-877-600-5472 and ask to speak to your Care Manager. We’re here to help!

How do I participate with Start Smart For Your Baby®?

- First, fill out your Notification of Pregnancy form. Then, your Start Smart for Your Baby® Care Manager will contact you. Your Start Smart for Your Baby® Care Manager is here to guide you through every step of your pregnancy and birth.

How do I check my reward dollars?

- You can earn dollars through My Healthy Rewards for completing wellness activities like your prenatal appointments, a yearly child wellness exam, and more. To learn more, scan the QR code or visit trilliumohp.com/myhealthyrewards.

To check your reward balance, log in to your member portal at trilliumohp.com/login.html.



English

You can get this communication in other languages, large print, Braille or a format you prefer. You can also ask for an interpreter. This help is free. Call [1-877-600-5472] or TTY 711. We accept relay calls.

-You can get help from a certified and qualified health care interpreter.

Spanish

Puede obtener esta información en otros idiomas, en letra grande, braille o en un formato que usted prefiera. También puede recibir los servicios de un intérprete. Esta ayuda es gratuita. Llame al servicio de atención al cliente [1-877-600-5472] o TTY 711. Aceptamos todas las llamadas de retransmisión.

-Usted puede obtener ayuda de un intérprete certificado y calificado en atención de salud.

Russian

Вы можете получить это документ на другом языке, напечатанное крупным шрифтом, шрифтом Брайля или в предпочитаемом вами формате. Вы также можете запросить услуги переводчика. Эта помощь предоставляется бесплатно. Звоните по тел. [1-877-600-5472] или ТТТ 711 Мы принимаем звонки по линии трансляционной связи.

-Вы можете получить помощь от аккредитованного и квалифицированного медицинского переводчика.