

## **Rural Advisory Council:**

The RAC held its September meeting in Oakridge, at City Hall. **Gienia Baines of St. Vincent DePaul shared a wealth of information about Oakridge.** Some of the challenges faced by the community of 3,500 include:

- Very high levels of poverty, depression, and untreated medical issues
- 86% of kids receive free/reduced lunch
- 1500 households receive food boxes (although the need is higher)
- 1800 children/individuals are on Medicare/Medicaid
- There is only one medical clinic and it is not accepting new patients
- Looking Glass provides counseling, but there are very limited slots
- No resources in Oakridge for children with severe mental illness

The RAC also heard a presentation by Dr. Rick Kincade on the integration of behavioral health and physical health. The feedback from RAC members included: there are significant stigma/privacy issues in smaller communities; recommend provider training around confidentiality and sensitivity; recommend training to provider staff on the same issues; excitement about the "Tele Med" options to address lack of providers; recommend that information about the programs/treatment include information about confidentiality and security of private information. The RAC approved the proposal and thanks Dr. Kincade for coming to Oakridge to present the information.

The RAC recommended that Rick Yecney be the RAC representative on the Governing Board.