

CCO Community Advisory Council Meeting

Monday, November 25, 2013

12:00 - 2:00 pm

Lane County Youth Services, Carmichael Room

Minutes

Attended: Leah Edelman, David Parker, Susanna Sammis, Tara Davee, L.M. Reese, Lezlee Craven, Tony Biglan, Dawn Helwig, Val Haynes, Karen Gillette, Andrea Muzikant, Rick Kincaid, Karen Gaffney, Char Reavis (by teleconferencing)

Guests: Dr. Patrice Korjenek

Absent: Renae Freeman, Colt Gill, Marianne Malott, Roxie Mayfield, Marcela Mendoza, John Radich, Charene Reavis, Jessica Rice, Eric Van Houten,

1. **Call Meeting to Order** – Meeting opened by Chair, David Parker.
2. **Public Comment** – No comment
3. **Introductions and Welcome**
 - a. Introductions – Introductions were made around the table.
 - b. “Get to Know You” activity – What is your favorite dish to eat or prepare for Thanksgiving and your family tradition.
4. **CAC Business/Announcements**
 - a. Approval of minutes – Rick Kincaid moved and L.M. Reese seconded to approve the minutes. Motion passed and the minutes stand approved as written.
 - b. Announcements – No announcements
 - c. December Meeting – Meeting has been moved to December 16th due to the regularly scheduled meeting being the week of Christmas. Distributed 2014 Meeting Calendar. This will also be distributed electronically and updated as new meetings occur. On the calendar there is a meeting conflict with a holiday on Memorial Day in May, so that meeting date will change. Change CAC meeting from 12-1:30 to 12 – 2 pm.
5. **CCO Incentive Measures – how are we doing? – Dr. Patrice Korjenek, CCO Trillium** - See presentation materials. There over thirty incentive measures. Every CCO is charged with meeting the incentive measures and there are financial awards if the CCOs meet

them. Our CCO is expected to meet nine of the 17 measures in order to be eligible to receive 70% of the first round of the 5 million dollars of incentive funds. In order for us to receive 100% of the funds, we would have to meet 13 of the 17 measures. The state is not expecting the CCOs to have a perfect score. The goal is to meet 13 of the 17 incentive measures. Trillium would like input from the CAC on how to approach the members with these measures and help to engage them. Rick asked when the CAC should ask Dr. Korjenek to come back to talk about how well the measures are being met. March would be the best time to have her come back to report because it takes a few months before the year end reports become available.

6. Liaison / Workgroup Reports

- a. Governing Board and Trillium Report – Report by Colt – Had a report on Health Equity that looked at national standards for culturally appropriate services. A survey has gone out to providers to make sure that we are addressing health equity. The board looked at the transformation funds and how they were distributed. Approximately nine groups got a piece of those funds for a number of different services. Lane County was one of six chosen for early learning hubs and looking on how to provide services for our younger children in both in health and education. The board showed interest in asking one of the CAC Member Engagement Committee on how to address no-show for appointments and high rate of emergency room visits. Community Health Centers also have had high no show rates and would probably like to join that conversation. Jennifer Webster and Karen Gaffney brought in some additional extensions on proposals around tobacco and obesity programs that need approval from the Governing Board.
- b. Trillium Report – Shannon – Transformation Fund award letters will be going out to the one who received the award and the ones who didn't win. We are going to need to submit a report on our first year progress on the transformation plan by the end of January. We will bring the report forward to the CAC. Just completed filing an application for public employee benefits which is a HUD contract for U of O health insurance coverage. Should hear back about the application sometime in January. Started integration work with Willamette and Advantage Dental. We are talking about transferring enrollment and eligibility information, and getting ID cards and the member handbook updated. The ID cards will be effective January 1, 2014. We have around 7,000 new Oregon Health Plan members coming on to the plan in Lane County. The state has received around 70,000 total new members. They will be sending out a second round of letters to the people who have not yet responded and signed up for the plan.
- c. CAP Report – Report by Rick. They are working on a proposal to look at patients with congestive heart failure and create a concentrated care coordination program for them. Looking at the primary care workforce shortage crisis in Lane County. We may have 7,000 new members coming on to the OHP, but we 5,000 members that

- currently don't have a primary care provider. We are looking at short, medium, and long term solutions. CAP suggested that we create a task force at the board level. The Governing Board approved putting a task force together to create a 3-5 year plan to address this issue. Beginning January 1, we are going to have a really bad access to care problem for our members. We will be bringing back the plan to the RAC and CAC for input. There is also concern about where members can get the behavioral health medications since there is a shortage of psychiatrists who can prescribe them.
- d. RAC Report – The RAC met in Cottage Grove. The committee is focusing on looking at ways to implement the VERB Scorecard Program in a couple of rural communities this summer. Jennifer Webster walked them through the program and what it entails. In January, they hope to be able to set up meetings with organizations and leader in those communities to get support to implement the VERB Scorecard Program. The VERB Scorecard is an incentive program for making healthy choices much like the reading incentive programs. A PTA was very interested in helping with this program.
 - e. CHIP – Report by Leah – skipped.
 - f. Transformation Center Website – (see handout) The Transformation Center has set up a group site for all the CACs which is like a group Facebook where you can go on and talk to other CAC members. There have been really good conversations and information on the site.
 - g. Party – Report by L.M.. Looking forward to having a great time. Parking will be available at Musgrove Mortuary unless there is a sign that says funeral parking, then will have to use the bank parking lot at Willamette and 11th. The party is at the Olive Garden Plaza on the first floor at 1135 Willamette. Use the door on west side where the boutique is.
- 7. Physical Effects of Early Trauma – Tony Biglan, Oregon Research Institute.** (PowerPoint Presentation) Tony sat on the Institute of Medicine's Committee on Prevention that issued a report that asks if we have the knowledge to assure that virtually every child reaches adulthood with the skills, interests, health habits, and values the need to lead a production life and having caring relationships with other people. Prevention studies show that you won't have a child that has just one problem, but has multiple problems which are inter-related. Children who have stress such as poverty in their childhood have a significant greater likelihood of having cardiovascular disease as adults even if they get an education and experience decent income as adults. One study that following these children into adulthood that were adequately educated and out of poverty, they found that if they had a nurturing mother and father that they didn't have

any of these problems. We are now learning how these physiological problems are having long term impacts. It really does come down to kindness, patience, love, and nurturing. We need resources to assure Kindergarten readiness. The State of Oregon has concentrated on this as a key outcome in its early learning efforts. Children who lack the pre literary skills are at high risk to fail academically. Children who haven't developed the self-regulation that enables them to control their emotions and restrain their immediate impulses are less likely to be able to cooperate with teachers and their peers which results in academic failure and social rejection which leads to continued academic failure, drop outs, anti-socialization and socialization with people the same problems. The following are some of the prevention programs for the first five years of life that have been proven to increase good outcomes: The Nurse Family Partnership was designed to reach hiatus parents as early in pregnancy as possible and work with them for two years on prenatal care, maternal smoking, mothering, contraception, and their work life. This program is provided for approximately 100 families in Lane County and there are easily 100 more families who need this program. It has resulted in reduction of problems in later child and adulthood. The Play and Learning Strategies developed by Susan Landry helps parents stimulate their child's learning development. The Family Checkup Program that was developed in Eugene works with high poverty families with two and three year old children and provides three visits and checkups over two years. This also showed improved outcomes. The Positive Parenting Program is designed to reach all the families. They teach people to intervene with families with young children who are having problems. This program substantially reduced the likelihood of childhood maltreatment and amount of foster care placement. We need high quality preschools and child care environments. High quality preschools can significantly improve the development of children. We don't have that high quality in most of our preschools in Lane County, but there are ways to strengthen the programs such as through the E Circle Development for Preschool Providers. The Good Behavior Game has also shown to be appropriate for preschools and helps kids develop self-regulation. The state has developed an Early Learning Council which is developing a strategic plan based on solid science based on understanding on what and how children are learning so they can increase the quality of family, school conditions and health care. The State of Oregon has designated Lane County as one of six hub recipients of the funds. In Lane County, the funds are being given to the United Way. The hub is expected to boost the quality and reach of early learning and development of children in Lane County.

8. Adjourned