

**CCO Community Advisory Council Meeting**

UO Riverfront Research Park  
1800 Millrace Drive  
Eugene, Oregon 97403

**Monday, April 24, 2017**

**12:00 - 2:00 pm**

**Trillium, Oregon Research Institute**

**Minutes**

**Attended:** Tara DaVee, Caitlynn Hatteras, Val Haynes, Dawn Helwig, Dr. Richard Kincade, Marianne Malott, Silverio Mogart, Heather Murphy, David Parker, John Radich, John Rolling Thunder, Susanna Sammis, Cindy Shirtcliff, Jocelyn Warren, David Young  
Via phone: Roxie Mayfield

**Staff:** Leah Edelman, Lane County Public Health  
Recorder: Jan Skeie, LCPH/Prevention

**Guests:** Cyndi Kallstrom (Oregon Health Authority)  
Christiane Ochoa (Lane County Pub Health/Prevention)  
Jennifer Webster  
C.A. Baskerville  
Lucy Zammarelli (Trillium Behavioral Health)  
Dr. Bruce Abel (Trillium Behavioral Health)  
Shannon Conley (Director of Medicaid, Trillium)  
Shauna Wick, (Director of Pharmacy, Trillium)  
Rae Bauman, (Vice President of Medical Management, Trillium)  
Chris Ellertson, CEO of Trillium/HealthNet Oregon  
Dr. Thomas Wuest, MMM, Chief Medical Director, Trillium & HealthNet Oregon  
Denise Perez, Executive Assistant, Trillium

**Absent:** Gustavo Balderas, Andrea Muzikant, Charene Reavis, David Saez

- 1. Call Meeting to Order** – Meeting opened by Tara DaVee.
- 2. Public Comment:** No public comment
- 3. Introductions, Welcome, and Getting to Know You Activity** - People introduced themselves and answered the question: "What food did you try that you didn't think you'd ever try but did and actually liked it or food you would like to try"?
- 4. Opioid Panel**  
**Dr. Luedtke, Lane County Health Officer– Opioid Epidemic in Lane County:** (see attached presentation).
  - Methadone stays in system for 24 hours or more if liver is damaged.
  - Naloxone Program – five lives have been saved from dying of an overdose since August. Twice as many have been administered.

- Marijuana is a schedule 1 drug which means we can't do research on it because the research has no use.
- Marijuana used to come in 1-5% pure grade marijuana. Now you can get 20-50% pure THC marijuana.

**Dr. Thomas Wuest, Trillium's Chief Medical Officer – Trillium's Approach.**

- The emergency rooms have been very involved in rerouting dental pain cases to dentists.
- We have a Quality Improvement Model for Dental Health.
- By not prescribing opioids or reducing prescription amounts, we are trying to reduce opioid deaths and addictions.
- We need to have tapering programs in place by 2018.

**Jennifer Webster – Prescription Drug Overdose Project**

See attached handout.

- The Prescription Drug Monitoring Program (PDMP) is a gold piece in keeping patients from getting multiple prescriptions from various doctors.
- The drug Fentanyl cut with Heroin is more potent and causes more deaths. Heroin is also being cut with Vicodin.
- Opiate withdrawal will not kill you. You may feel like you want to die because you are withdrawing and you desperately want to feel that high again.
- The Veteran's Administration (V.A.) in Medford is the largest VA drug inpatient/outpatient facility in the country.
- We aren't affecting change yet in getting naloxone in the pharmacies.
- All providers have to be registered with PDMP to be certified.
- Trillium is sending out a general letter to all members who have been prescribed opioids for pain.
- Trillium has two detox facilities for 1-2 day detox/treatment for their Trillium members. We also have many contracts with treatment facilities around the state. Trillium members who want to receive treatment should call Trillium to inquire.
- Many older adults on pain management don't see themselves as being addicted.

**5. Approve Minutes** – Due to time constraints for this meeting, we will approve minutes for the last two meetings at our next meeting in May.

**6. CAC Membership – Report by Leah**

Leah will be contacting members whose terms are up. You can reapply or decline. If you know of anyone who may be interested in serving on the CAC Committee, please contact Leah Edelman.

**7. New meeting Format & Revised Charter**

- The Member Engagement Committee has been working on a new meeting format and a revised Charter. Tara read the placard for the Revised Charter.
- Parking Lot will be included on the agenda for every meeting.
- Be clear when asking questions or making recommendations for the Governing Board or other committees.

- Consumer Concerns – Leah came up with a form for members who want to address a consumer concern at the meeting (see attached form). Call Leah if you have concerns or if you think of it during the meeting, we can put it on the parking lot.
- Revised Charter  
Some of the changes are to maintain consistencies across all charters. The Charter is clear that the Board of Directors approves recommended actions. We need a tracking mechanism for approval impacts and an annual report. We will do an email vote to approve the charter.

**PARKING LOT:**

- The Governing Board needs to bring items to the Advisory Committee that they want us to address and in turn, we should bring items that we want the Governing Board to address.
- Consider doing a get together to get people from all the committees together.

**Next meeting: Monday, May 22, 2017; 12 – 2 pm at the Trillium Oregon Research Institute Building, 2<sup>nd</sup> Floor. There is an elevator.**

Meeting Adjourned.