



Start Smart
for Your Baby.

Get a Breast Pump
at No Cost

TrilliumOHP.com

Need a Breast Pump?

SELECT A PROVIDER:

- **Clackamas County:**
Northwest Medical – (800) 367-6963
- **Lane County:**
Norco – (541) 343-0304
Northwest Medical – (541) 485-4395
- **Lane/Douglas County (Coastal Area):**
Rick’s Medical Supply – (541) 672-3042
- **Multnomah County:**
Norco – (503) 288-8174
- **Washington County:**
Norco – (503) 746-9167
Northwest Medical – (971) 205-5791

FOR MORE INFORMATION, VISIT THEM AT:

- **Norco -**
<https://www.norco-inc.com/Breast-Pumps>
- **Northwest Medical -**
<https://nwmed.com/>
- **Rick’s Medical Supply -**
<https://www.ricksmedical.com/>

Additional Helpful Tips

- Ask your midwife or doctor to write and fax a prescription for your breast pump to identified provider.
- Please have the midwife or doctor send the prescription within 24 hours of your being discharged from the hospital.
- The breast pump can be delivered to the hospital prior to your discharge from the hospital.
- If you are discharged from the hospital before receiving your breast pump you will need to pick it up from the provider.



“I really appreciated the program. I was happy to know I had help when I needed it”

NICOLE R.
New Parent



Adding Your Baby to the Health Plan

PLEASE TAKE THE FOLLOWING STEPS TO ADD YOUR BABY ON TO THE HEALTH PLAN.



Call the Oregon Health Plan:
800-699-9075



Caregiver can also email Oregon Health Plan:
OregonHealthPlan.Changes@state.or.us

EMAIL SUBJECT LINE: Newborn Notification

- Baby name, DOB, Gender
- Delivering Parent’s name and DOB
- Dad’s name, DOB, and if he resides in the home
- Delivering Parent’s Trillium ID number



“The program was awesome. It was helpful in my pregnancy. I was able to have a healthy baby because of it.”

DANIELLE P.
New Parent



Do you think Trillium Community Health Plan (Trillium) has treated you unfairly?

Trillium must follow state and federal civil rights laws. It cannot treat people unfairly in any of its programs or activities because of a person's:

- Gender identity
- Age
- Race
- Marital status
- Color
- Religion
- National origin
- Disability
- Sex
- Sexual orientation
- Health Status

You can get this letter in another language, large print, or another way that is best for you. You can also have a language interpreter. This help is free. Call 1-877-600-5472 (TTY/TDD 711).

Puede recibir esta carta en otro idioma, en letra grande o en el formato que sea mejor para usted. También puede tener un intérprete de idiomas. Esta ayuda es gratuita. Llame al 1-877-600-5472 (TTY/TDD 711).

English ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-877-600-5472; TTY: 1-877-600-5473.

Español (Spanish) ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-600-5472; TTY: 1-877-600-5473.



1-877-600-5472
TDD/TTY 1-877-600-5473
Monday - Friday, 8 am to 5 pm

[TrilliumOHP.com](https://www.TrilliumOHP.com)

OHP-TRIL-23-3769 Approved 2/26/23

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