## **Early Childhood Development**

Babies grow and change very quickly. Watching your baby grow is an exciting part of being a parent. Keep an eye on your baby's development. It's important for your baby's health and well-being.

Your baby's early years are very important. Healthy development means that your baby learns to do new things that are right for her age group. At a well-child visit, your baby's doctor will look for developmental delays or problems. The doctor may use a developmental screening tool to gather the information. If the doctor has any concerns, they will talk with you about them.

If there is a concern, your baby may need to see a developmental specialist. The specialist will work with you and your baby. They will teach you how to promote healthy development and build on skills your baby does well. Early Childhood CARES is a local program with developmental specialists that provide free support to children birth to 5 years old who have developmental concerns.

You can also check your baby's development online by visiting <u>www.asqoregon.com</u>.

Don't wait. If you have concerns about your baby's development, you can call Early Childhood CARES at 541-346-2578 or talk with your baby's doctor.

Your child will go though big changes in their first five years. It is important to ask questions about your baby's growth and development. Discuss any concerns, and celebrate successes!