

## Clinical Policy: Pirfenidone (Esbriet)

Reference Number: OR.CP.PHAR.286

Effective Date: 10.01.23

Last Review Date: 02.25

Line of Business: Medicaid – Trillium Oregon Health Plan

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

### Description

Pirfenidone (Esbriet®) is a pyridone.

### FDA Approved Indication(s)

Esbriet is indicated for the treatment of idiopathic pulmonary fibrosis (IPF).

### Policy/Criteria

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of Trillium Community Health Plan that pirfenidone and Esbriet are **medically necessary** when the following criteria are met:

#### I. Initial Approval Criteria

##### A. Idiopathic Pulmonary Fibrosis (must meet all):

1. Diagnosis of IPF;
2. Prescribed by or in consultation with a pulmonologist;
3. Age  $\geq$  18 years;
4. If request is for brand Esbriet, member must use generic pirfenidone, unless contraindicated or clinically significant adverse events are experienced;
5. Esbriet is not prescribed concurrently with Ofev®;
6. Member is not an active smoker as evidenced by recent (within the last 30 days) negative nicotine metabolite (i.e., cotinine) test;
7. Dose does not exceed all of the following (a, b, and c):
  - a. Days 1 through 7 (both i and ii):
    - i. 801 mg per day;
    - ii. 3 capsules or 3 tablets per day;
  - b. Days 8 through 14 (both i and ii):
    - i. 1,602 mg per day;
    - ii. 6 capsules or 6 tablets per day;
  - c. Day 15 and onward (both i and ii):
    - i. 2,403 mg per day;
    - ii. 9 capsules or 3 tablets per day.

**Approval duration: 6 months**

##### B. Other diagnoses/indications (must meet all):

1. If request is for brand Esbriet tablets or capsules, member must use generic pirfenidone tablets, unless contraindicated or clinically significant adverse events are experienced;
2. One of the following (a or b):
  - a. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (i or ii):
    - i. For drugs on the PDL (Medicaid), the no coverage criteria policy CP.PMN.255 for Medicaid; or
    - ii. For drugs NOT on the PDL (Medicaid), the non-formulary policy OR.CP.PMN.1001 for Medicaid; or
  - b. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 2a above does not apply, refer to the off-label use policy CP.PMN.53 for Medicaid.

## **II. Continued Therapy**

### **A. Idiopathic Pulmonary Fibrosis (must meet all):**

1. Member meets one of the following (a or b):
  - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
  - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
2. Member is responding positively to therapy;
3. If request is for brand Esbriet, member must use generic pirfenidone, unless contraindicated or clinically significant adverse events are experienced;
4. Esbriet is not prescribed concurrently with Ofev;
5. If request is for a dose increase, new dose does not exceed (a and b):
  - a. 2,403 mg per day;
  - b. 9 capsules or 3 tablets per day.

**Approval duration: 12 months**

### **B. Other diagnoses/indications (must meet all):**

1. If request is for brand Esbriet tablets or capsules, member must use generic pirfenidone tablets, unless contraindicated or clinically significant adverse events are experienced;
2. One of the following (a or b):
  - a. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (i or ii):
    - i. For drugs on the PDL (Medicaid), the no coverage criteria policy CP.PMN.255 for Medicaid; or
    - ii. For drugs NOT on the PDL (Medicaid), the non-formulary policy OR.CP.PMN.1001 for Medicaid; or

- b. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 2a above does not apply, refer to the off-label use policy CP.PMN.53 for Medicaid.

### **III. Diagnoses/Indications for which coverage is NOT authorized:**

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.PMN.53 for Medicaid, or evidence of coverage documents.

### **IV. Appendices/General Information**

#### *Appendix A: Abbreviation/Acronym Key*

DLCO: carbon monoxide diffusing capacity

FDA: Food and Drug Administration

FVC: forced vital capacity

HCRT: high resolution computed tomography

IPF: idiopathic pulmonary fibrosis

UIP: usual interstitial pneumonia

#### *Appendix B: Therapeutic Alternatives*

Not applicable

#### *Appendix C: Contraindications/Boxed Warnings*

None reported

#### *Appendix D: American Thoracic Society (ATS) 2022 IPF Guidelines*

- ATS diagnostic criteria for IPF are built around pulmonary fibrosis findings on HRCT and exclusion of known causes of interstitial lung disease (e.g., domestic and occupational environmental exposures, connective tissue disease, drug toxicity).
- UIP is the hallmark radiologic pattern of IPF. Honeycombing is a distinguishing feature of UIP and must be present for a definite HRCT diagnosis of UIP to be made.
- In patients with a probable or indeterminate UIP pattern, surgical lung biopsy, transbronchial lung cryobiopsy, or cellular analysis of bronchoalveolar lavage fluid is recommended to confirm the diagnosis of IPF. Patients with a probable UIP pattern can receive a diagnosis of IPF without confirmation by lung biopsy after multidisciplinary discussion in the appropriate clinical setting (e.g., 60 years old, male, smoker).

#### *Appendix E: General Information*

- Smoking causes decreased exposure to Esbriet, which may alter the efficacy profile of Esbriet. Instruct patients to stop smoking prior to treatment with Esbriet and to avoid smoking when using Esbriet.
- The Esbriet pivotal studies included only patients with mild to moderate lung impairment per FVC and DLCO.

### **V. Dosage and Administration**

Indication	Dosing Regimen	Maximum Dose
IPF	Days 1 through 7: 267 mg PO TID Days 8 through 14: 534 mg PO TID	Days 1 through 7: 801 mg/day Days 8 through 14: 1,602 mg/day

Indication	Dosing Regimen	Maximum Dose
	Days 15 onward: 801 mg PO TID	Days 15 onward: 2,403 mg/day

## VI. Product Availability

- Capsule: 267 mg
- Tablets: 267 mg, 534 mg\*, 801 mg

*\*Available only as generic*

## VII. References

1. Drugs for Interstitial Lung Disease. Oregon Health Plan Current Drug Use Criteria. Available at: <http://orpd.org/drugs/index.php>. Accessed January 17, 2025.
2. Esbriet Prescribing Information. South San Francisco, CA: Genentech USA, Inc.; February 2023. Available at: [www.esbriet.com](http://www.esbriet.com). Accessed June 28, 2024.
3. Pirfenidone Prescribing Information. Berkeley Heights, NJ: Laurus Generics, Inc.; April 2022. Available at: <https://dailymed.nlm.nih.gov/dailymed/drugInfo.cfm?setid=29b0fd0e-5a2b-4da7-8524-177dc28bf55e>. Accessed June 28, 2024.
4. Raghu G, Rochwerg B, Yang Z, et al. An official ATS/ERS/JRS/ALAT clinical practice guideline: Treatment of idiopathic pulmonary fibrosis, an update of the 2011 clinical practice guideline. Am J Respir Crit Care Med. 2015; 192(2): e3-e19.
5. Raghu G, Collard HR, Egan JJ, et al. An official ATS/ERS/JRS/ALAT statement: Idiopathic pulmonary fibrosis: Evidence-based guidelines for diagnosis and management. Am J Respir Crit Care Med. 2011; 183: 788-824.
6. Raghu G, Remy-Jardin M, Myers JL, et al. An official ATS/ERS/JRS/ALAT clinical Practice guideline: Diagnosis of idiopathic pulmonary fibrosis. Am J Respir Crit Care Med. 2018 September; 198(5): e44-68.
7. Raghu G, Remy-Jardin M, Richeldi L, et al. Idiopathic pulmonary fibrosis (an update) and progressive pulmonary fibrosis in adults: An official ATS/ERS/JRS/ALAT clinical practice guideline. Am J Respir Crit Care Med. 2022; 205(9): e18-47.

Reviews, Revisions, and Approvals	Date	Plan Approval Date
Policy created. Agent specific criteria created from previous interstitial lung disease agent criteria OR.CP.PHAR.1001; added direction to generic pirfenidone for IPF treatment for brand Esbriet requests per 3Q SDC.	07.03.23	09.19.23
3Q 2024 annual review: no significant changes; revised policy/criteria section to also include generic pirfenidone; references reviewed and updated.	06.28.24	09.17.24
Per December SDC, revised generic redirection to generic tablet or capsule by removing specific formulations.	01.17.25	02.11.25

## **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted

standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

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This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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**Note:**

**For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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