

Provider Enrollment and Billing Guide for Birth Doulas

Last updated: 02/2025

Trillium Community Health Plan (Trillium) is committed to supporting our members in accessing birth doulas and recognizes the importance of birth doulas during a member's prenatal, labor and delivery, and postpartum experience.

A doula is a birth companion who provides personal, nonmedical support to families through pregnancy, childbirth, and postpartum experience. (Oregon Administrative Rule [OAR] 950-060-0010)

This guide is for birth doulas who are interested in serving Trillium members.

All birth doulas are responsible for following standards outlined by the [Oregon Health Authority \(OHA\) Office of Equity and Inclusion \(OEI\)](#) for Traditional Health Worker (THW) certification, [scopes of practice](#), and [Standards of Professional Conduct](#).

Covered Doula Services

- Trillium/Oregon Health Plan (OHP) covers birth doulas who are THW certified to provide doula support/services once per pregnancy for any pregnant person whose benefit package covers labor and delivery.
- The standard doula benefit is:
 - Four maternity support visits (two visits [prenatal] before delivery and two visits [postpartum] after delivery)
 - Doula support provided on the day of delivery
 - The support visits can be at the pregnant person's home, or as part of the pregnant person's office visit.

As of January 1, 2025, Additional Support Visits

Trillium will pay up to four additional support visits to be billed separately beyond the global birth doula package. The additional support visits may occur any time in combination of prenatal and postpartum visits, continuing for 12 months following the end of pregnancy.

How to Enroll as a Contracted Provider with Trillium Community Health Plan

STEP 1: Become certified and registered as a birth doula

To be eligible for OHP/Trillium reimbursement, doulas must be certified through the Oregon Health Authority (OHA) THW Program and be listed on the [Oregon State THW registry](#).

- Trillium has developed a [step-by-step certification guide](#).
- To learn more about OHA-approved training, certification, and registration, visit the [OHA Office of Equity and Inclusion Division - Traditional Health Worker Program website](#).

STEP 2: Obtain a National Provider Identifier (NPI)

To obtain an NPI, apply on the [National Plan & Provider Enumeration System website](#). For reference, the taxonomy code for Doula is 374J00000X.

STEP 3: Become an Oregon Medicaid Provider

To bill Medicaid, you must enroll and obtain an Oregon Medicaid Provider ID number (also known as DMAP). To enroll, complete form [OHP 3113](#).

- Enter provider type 13
- Specialty code 600
- Include your NPI and a copy of your THW certification
- To learn more, visit the [OHP provider enrollment page](#).

STEP 4: Request participation with Trillium

Please note: check with your employer/organization if you need to complete steps 4 and 5.

1. Complete the [Trillium Provider Interest form](#).
2. All requests to contract with Trillium will be addressed within 30-60 business days of receipt of the interest form.

Please note: These forms do not replace the credentialing forms/requirements for Trillium's contractual agreements and requirements.

OR

If your practice/organization is already participating/contracted and needs to add additional THWs to your practice/organization:

1. Complete the [Practitioner Credentialing Application Data Form](#).
2. Return the completed form to our email: ORProviderExperience@Trilliumchp.com

STEP 5: Complete Trillium's Practitioner Credentialing Application Data Form

Email the completed form to Trillium at ORProviderExperience@Trilliumchp.com for our credentialing application.

How to Bill and Submit Claims

STEP 1: Verifying member eligibility & insurance coverage

1. Trillium recommends that providers verify member eligibility each time on the date of service.

Trillium's provider portal allows secure online access to information stored on Trillium data systems. The Trillium provider portal complies with all CMS and HIPAA specifications regarding patient information and internet security and uses secure client/server technology to exchange information between your office and Trillium.

Trillium's secure provider website enables providers to perform several functions such as:

- Check member eligibility and benefits
- Submit and check status of claims
- Submit claims adjustments

Once enrolled, the [Trillium provider portal](#) is available to all providers and practitioners in the Trillium network. Registration is required for full access.

STEP 2: Billing and submitting claims

Please note: *Per rules and regulations Trillium is not able to provide specific coding guidance.*

- Doula claims fall under the OHP pregnancy benefit, where a pregnancy diagnosis is used. Timely filing requires a claim to be received within 365 days of the date of service as outlined in OAR 410-141-3565, and/or outlined in your Trillium contract.
- Doula services may only be billed once per pregnancy. Multiples (i.e., twins, triplets) are not eligible for additional payment.
- Doulas should be listed as the rendering provider for doula services.
- Birth doulas who are contracted with Trillium **do not require prior authorization** to bill claims.
- The billable codes for birth doula services covered by Oregon Health Plan (OHP)/ Medicaid are listed below and found in the [Birth Doula Fee-for-Service \(Open Card\) Billing Guide](#).
- Claims must be billed on a standard CMS1500 billing form (as applicable to the billing provider/entity) following OHA standard coding and CMS1500 billing requirements.

To be considered for payment, birth doula services shall be billed on a professional claim format and using the codes listed below, with the unique Medicaid modifiers appended to the appropriate obstetrical codes.

Beginning July 1, 2024, doulas must use the following new doula billing codes:

Global (bundled) Doula Benefit and Accepted Codes

Per OAR410-130-0015, the global doula benefit is four maternity support visits:

- Two visits before delivery (prenatal)
- Two visits after delivery (postpartum)
- Doula support provided on the day of delivery

You may only bill a global doula benefit once per pregnancy, after the delivery and using the day of delivery as the service date.

Mode	Modifier	Description
T1033	HD	Global doula benefit (support at delivery with two (2) prenatal and two (2) postpartum visits)

Itemized Partial Service Rates

Itemized partial service rates are when a doula provides some, but not all, services included in the global doula benefit.

- Bill one support visit for each visit provided (up to two prenatal and two postpartum visits)
- For labor and delivery support, bill only one of the following delivery codes per member

Beginning January 1, 2025, Additional Support Visits

Trillium will pay up to four additional support visits to be billed separately beyond the global birth doula package. The additional support visits may occur at any time in combination of prenatal and postpartum visits, continuing for 12 months following the end of pregnancy.

Code	Modifier	Description
T1033		Support visit each (two (2) prenatal and two (2) postpartum visits)
T1033	22	Doula services day of delivery only

Billing Examples

The following billing examples are from the OHA's [Birth Doula Billing Guide](#).

These examples show billing for the standard doula benefit.

- Doula services are billed using the appropriate code, followed by modifier if applicable with the enrolled doula listed as the rendering provider.
- Birth doula services may only be billed once per pregnancy. Multiples (i.e., twins, triplets) are not eligible for additional payment.

Note: Units, diagnosis pointer, and [place of service code](#) is a required field although not shown in the example below.

Global doula benefit billing example

Code	Modifier	Description	Rate
T1033	HD	Global doula benefit with support at delivery	\$1505.00

24. A. DATE(S) OF SERVICE	B. PLACE OF SERVICE	C. EMG	D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances)	E. DIAGNOSIS POINTER	F. \$ CHARGES	G. DAYS OR UNITS	H. SPDY Family Plan	I. ID. QUAL	J. RENDERING PROVIDER ID. #
From MM DD YY To MM DD YY	SERVICE		CPT/HCPCS MODIFIER						
1 1 25 1 1 25			T1033 HD		1,500 00			NPI	

Partial services: **Delivery only** billing example

Code	Modifier	Description	Rate
T1033	22	Doula services day of delivery only	\$645.00

24. A. DATE(S) OF SERVICE	B. PLACE OF SERVICE	C. EMG	D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances)	E. DIAGNOSIS POINTER	F. \$ CHARGES	G. DAYS OR UNITS	H. SPDY Family Plan	I. ID. QUAL	J. RENDERING PROVIDER ID. #
From MM DD YY To MM DD YY	SERVICE		CPT/HCPCS MODIFIER						
1 1 25 1 1 25			T1033 22		645 00			NPI	

Partial services: **Support visits only** billing example

Code	Modifier	Description	Rate
T1033		Support visit (each visit, up to 2 prenatal and 2 postpartum visits)	\$215.00

24. A. DATE(S) OF SERVICE	B. PLACE OF SERVICE	C. EMG	D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances)	E. DIAGNOSIS POINTER	F. \$ CHARGES	G. DAYS OR UNITS	H. SPDY Family Plan	I. ID. QUAL	J. RENDERING PROVIDER ID. #
From MM DD YY To MM DD YY	SERVICE		CPT/HCPCS MODIFIER						
1 1 25 1 1 25			T1033		215 00			NPI	

Required Documentation OAR [410-130-0015\(4\)](#)

Birth doula providers shall document each service provided. The birth doula’s record shall include:

- Date of service
- A brief description of education or service provided
- Assessment of any member needs beyond routine care
- Any referrals made
- Any birthing plans/goals developed with the member and member’s approval

The goal of documentation is to verify services were provided and facilitate communication with other members of the birthing team.

Documentation Retention per OAR [410-120-1360\(e\)](#)

Retain clinical records for seven years and financial and other records described in paragraphs (a) and (b) of this rule for at least five years from the date(s) of service.

Frequently Asked Questions (FAQs)

Q: If I am billing bundled for the two prenatal visits, the delivery, and the two postpartum visits, what date should I use?

A: The global/bundled date of service is the delivery date.

Q: When billing a bundled service, which place of service code would I use?

A: Use the place of service code where the delivery took place.

Q: How long do I have to submit a claim?

A: Birth doula claims fall under the OHP pregnancy benefit. Birth doulas should refer to their contract for billing timelines.

Q: Do I need to submit prior authorization to provide birth doula services?

A: Prior authorization is not required for doulas who are contracted with Trillium.

Q: What if the member had more than one doula?

A: When appropriate, multiple birth doulas due to extenuating circumstances for the same pregnancy may be itemized for billing. An example is a backup doula who attended only the birth.

Q: If the member delivered prior to 1/1/2025, can a doula bill the additional visits if within the 12-month postpartum period?

A: Yes, a doula may bill additional visits continuing for 12 months following the end of pregnancy.

Q: Does a doula need to bill primary insurance such as Medicare or other insurance that does not have doula services as a benefit?

A: Yes, a denial explanation of benefits (EOB) is required from the primary payor before Trillium/Medicaid, the secondary payor, will pay.

CONTACT US

Trillium Assistance	Contact
Trillium Member and Provider Services	541-485-2155 or 877-600-5472 TTY 711
Trillium Credentialing	TCHP_ProviderOperations@Centene.com
Trillium Contracting	NewProviderRequestBox@TrilliumCHP.com
Trillium's Traditional Health Worker Liaisons	thw@trilliumchp.com
Trillium Claims Claims by Paper:	PO Box 5030, Farmington, MO 63640 Electronic: EDI # 68069 Providers that have a Portal account will also be able to submit claims through the portal.
Grievance and Appeals	Phone: 877-600-5472 TTY 711 Mail or email your form: Trillium Community Health Plan PO Box 11740, Eugene, OR 97440-3940 Email: grievances@trilliumchp.com
Resources	Links
Oregon Health Authority Office of Equity and Inclusion Division THW program contact: Telephone, Fax and Email	P: 971-673-3353 F: 971-673-1128 E: thw.program@odhsoha.oregon.gov
Oregon Administrative Rules (OAR) 950-060-0040 Birth Doula Certification	Oregon Secretary of State Administrative Rules
Oregon Administrative Rules Services OAR 410-130-0015 Doula Services	Oregon Secretary of State Administrative Rules
Traditional Health Worker Toolkit	www.oregon.gov/oha/EI/THW%20Documents/Traditional-Health-Worker-Toolkit-2019-Final.pdf
Oregon Doula Association	http://www.oregondoulas.org
Oregon Health Authority (OHA) Office and Inclusion Division- Birth Doulas	https://www.oregon.gov/oha/EI/Pages/THW_birthdoulas.aspx
Oregon Health Authority (OHA) THW Registry	Home - Traditional Health Worker Registry (oregon.gov)

If you have any questions or need technical assistance, contact Trillium's THW Liaisons at THW@TrilliumCHP.com.